

Top 3 Race Records Between 1985 & 2022

	Rank	Athlete	Country	Year	Time	Behind	Age
Male Overall Outright	Overall	1 Cameron, Wurf	AUS	2019	08:06:17	--:--:--	36
		2 Pauli, Kiuru	FIN	1992	08:06:39	00:00:22	29
		3 Peter, Reid	CAN	1997	08:08:50	00:02:33	27
Male Overall Outright	Swim	1 Stuart, Snell	AUS	2014	00:43:43	--:--:--	35
		2 Clayton, Fettell	AUS	2016	00:43:46	00:00:03	30
		3 Adrian, Cominotto	AUS	2010	00:44:32	00:00:49	22
Male Overall Outright	Cycle	1 Cameron, Wurf	AUS	2019	04:22:52	--:--:--	36
		2 Dougal, Allan	NZL	2016	04:27:50	00:04:58	31
		3 Mark, Bowstead	NZL	2018	04:29:08	00:06:16	29
Male Overall Outright	Run	1 Tim, Reed	AUS	2019	02:44:29	--:--:--	34
		2 Peter, Kropko	HU	1995	02:45:18	00:00:49	31
		3 Tim, Van Berkel	AUS	2022	02:45:50	00:01:21	38
Female Overall Outright	Overall	1 Lori, Bowden	CAN	2000	08:55:08	--:--:--	32
		2 Chrissie, Wellington	GBR	2009	08:57:10	00:02:02	32
		3 Thea, Sybesma	NLD	1993	09:01:29	00:06:21	32
Female Overall Outright	Swim	1 Wendy, Jones	AUS	1993	00:46:40	--:--:--	23
		2 Jocelyn, Muir	CAN	1993	00:47:32	00:00:52	27
		3 Tracey, Ellingham	AUS	1992	00:47:36	00:00:56	23
Female Overall Outright	Cycle	1 Lori, Bowden	CAN	2000	04:51:40	--:--:--	32
		2 Belinda, Granger	AUS	2004	04:54:52	00:03:12	33
		3 Sarah, Crowley	AUS	2022	04:55:15	00:03:35	39
Female Overall Outright	Run	1 Chrissie, Wellington	GBR	2009	02:59:15	--:--:--	32
		2 Lisa, Bentley	CAN	2004	03:01:51	00:02:36	35
		3 Rebekah, Keat	AUS	2007	03:04:07	00:04:52	29
Male Professionals	Overall	1 Cameron, Wurf	AUS	2019	08:06:17	--:--:--	36
		2 Pauli, Kiuru	FIN	1992	08:06:39	00:00:22	29
		3 Peter, Reid	CAN	1997	08:08:50	00:02:33	27
Male Professionals	Swim	1 Clayton, Fettell	AUS	2016	00:43:46	--:--:--	30
		2 Adrian, Cominotto	AUS	2010	00:44:32	00:00:46	22
		3 Scott, Neyedli	GBR	2010	00:44:35	00:00:49	31
Male Professionals	Cycle	1 Cameron, Wurf	AUS	2019	04:22:52	--:--:--	36
		2 Dougal, Allan	NZL	2016	04:27:50	00:04:58	31
		3 Mark, Bowstead	NZL	2018	04:29:08	00:06:16	29
Male Professionals	Run	1 Tim, Reed	AUS	2019	02:44:29	--:--:--	34
		2 Peter, Kropko	HU	1995	02:45:18	00:00:49	31
		3 Tim, Van Berkel	AUS	2022	02:45:50	00:01:21	38

Top 3 Race Records Between 1985 & 2022

	Rank	Athlete	Country	Year	Time	Behind	Age
Female Professionals	Overall	1 Lori, Bowden	CAN	2000	08:55:08	--:--:--	32
		2 Chrissie, Wellington	GBR	2009	08:57:10	00:02:02	32
		3 Thea, Sybesma	NLD	1993	09:01:29	00:06:21	32
Female Professionals	Swim	1 Wendy, Ingraham	USA	1999	00:48:17	--:--:--	35
		2 Bianca, Van Woesik	AUS	1993	00:48:31	00:00:14	30
		3 Raeleigh, Rogers	AUS	1998	00:48:34	00:00:17	29
Female Professionals	Cycle	1 Lori, Bowden	CAN	2000	04:51:40	--:--:--	32
		2 Belinda, Granger	AUS	2004	04:54:52	00:03:12	33
		3 Sarah, Crowley	AUS	2022	04:55:15	00:03:35	39
Female Professionals	Run	1 Chrissie, Wellington	GBR	2009	02:59:15	--:--:--	32
		2 Lisa, Bentley	CAN	2004	03:01:51	00:02:36	35
		3 Rebekah, Keat	AUS	2007	03:04:07	00:04:52	29
Male 18 to 24 Years	Overall	1 Jason, Shortis	AUS	1993	08:43:24	--:--:--	22
		2 Matt, Burton	AUS	2012	08:57:10	00:13:46	24
		3 Paul, Healey	AUS	2001	08:58:58	00:15:34	23
Male 18 to 24 Years	Swim	1 Magnus, Michelsson	AUS	1993	00:45:39	--:--:--	24
		2 Darren, Turner	AUS	1997			23
		3 Michael, Drury	AUS	1993	00:45:44	00:00:05	22
Male 18 to 24 Years	Cycle	1 Jason, Shortis	AUS	1993	04:49:20	--:--:--	22
		2 Mitchell, Anderson	AUS	2000	04:49:23	00:00:03	24
		3 Steven, Bishop	AUS	2004	04:53:08	00:03:48	22
Male 18 to 24 Years	Run	1 Tom, Holland	AUS	2022	02:59:38	--:--:--	23
		2 David, Owen	AUS	1991	03:03:11	00:03:33	22
		3 Matt, Burton	AUS	2012	03:03:29	00:03:51	24
Female 18 to 24 Years	Overall	1 Jody, Mielke	AUS	1993	09:40:54	--:--:--	21
		2 Angela, Milne	AUS	1994	09:44:23	00:03:29	23
		3 Gayle, Watson	AUS	1994	09:45:55	00:05:01	24
Female 18 to 24 Years	Swim	1 Wendy, Jones	AUS	1993	00:46:40	--:--:--	23
		2 Tracey, Ellingham	AUS	1992	00:47:36	00:00:56	23
		3 Deirdre, Grace	AUS	1993	00:49:15	00:02:35	23
Female 18 to 24 Years	Cycle	1 Angela, Milne	AUS	1994	05:14:40	--:--:--	23
		2 Catherine, Phillips	USA	2000	05:16:54	00:02:14	24
		3 Kate, Major	USA	2002	05:17:40	00:03:00	24
Female 18 to 24 Years	Run	1 Rebecca, Philipp	AUS	2003	03:24:26	--:--:--	20
		2 Kierra, Allen	AUS	2016	03:28:12	00:03:46	24
		3 Tracey, Ellingham	AUS	1992	03:28:16	00:03:50	23



Top 3 Race Records Between 1985 & 2022

	Rank	Athlete	Country	Year	Time	Behind	Age
Male 25 to 29 Years	Overall	1 Damien, Angus	AUS	2000	08:47:39	--:--:--	26
		2 Steve, Cunningham	AUS	1994	08:47:42	00:00:03	26
		3 Chris, Southwell	AUS	1993	08:47:54	00:00:15	29
Male 25 to 29 Years	Swim	1 Chris, Southwell	AUS	1993	00:45:32	--:--:--	29
		2 Mick, Maroney	AUS	1993	00:45:41	00:00:09	26
		3 Mark, Blake	AUS	1993	00:45:45	00:00:13	27
Male 25 to 29 Years	Cycle	1 Mick, Maroney	AUS	1993	04:43:42	--:--:--	26
		2 Richard, Munro	AUS	2005	04:46:37	00:02:55	25
		3 Murray, Richardson	AUS	1993	04:46:59	00:03:17	28
Male 25 to 29 Years	Run	1 David, Criniti	AUS	2004	02:50:14	--:--:--	25
		2 Luke, Whitmore	AUS	2009	02:51:46	00:01:32	28
		3 James, Martin	AUS	2022	02:55:22	00:05:08	29
Female 25 to 29 Years	Overall	1 Christina, Hauser	AUS	1995	09:54:19	--:--:--	25
		2 Alison, Coote	AUS	1994	09:54:54	00:00:35	26
		3 Lisa, Verke	USA	1992	09:55:29	00:01:10	28
Female 25 to 29 Years	Swim	1 Jocelyn, Muir	CAN	1993	00:47:32	--:--:--	27
		2 Lauren, Parker	AUS	2014	00:48:53	00:01:21	26
		3 Sarah, Pollett	AUS	2007	00:49:05	00:01:33	26
Female 25 to 29 Years	Cycle	1 Kate, Lyon	AUS	2000	05:12:19	--:--:--	25
		2 Karly, Allen	AUS	2005	05:17:45	00:05:26	26
		3 Robyn, Robertson	AUS	2000	05:18:10	00:05:51	25
Female 25 to 29 Years	Run	1 Melissa, Bulloch	AUS	1998	03:23:01	--:--:--	28
		2 Prue, Oswin	AUS	2006	03:24:49	00:01:48	28
		3 Rebecca, Wolfe	NZL	2003	03:25:26	00:02:25	27
Male 30 to 34 Years	Overall	1 Ray, Browning	USA	1992	08:31:04	--:--:--	30
		2 Trent, Chapman	AUS	2010	08:32:52	00:01:48	33
		3 Brian, Fuller	AUS	2014	08:43:00	00:11:56	33
Male 30 to 34 Years	Swim	1 Trent, Chapman	AUS	2010	00:44:41	--:--:--	33
		2 Scott, Hobson	AUS	2014	00:44:48	00:00:07	34
		3 Mark, Anderson	AUS	1993	00:45:40	00:00:59	32
		4 John, Boxall	AUS	1997			31
Male 30 to 34 Years	Cycle	1 Trent, Chapman	AUS	2010	04:43:33	--:--:--	33
		2 Murray, Richardson	AUS	1996	04:45:16	00:01:43	31
		3 Michael, Thompson	AUS	2008	04:45:46	00:02:13	32
Male 30 to 34 Years	Run	1 Ray, Browning	USA	1992	02:55:07	--:--:--	30
		2 Brian, Fuller	AUS	2014	02:57:36	00:02:29	33
		3 Yeun S, Ham	KOR	2010	02:57:42	00:02:35	30

Top 3 Race Records Between 1985 & 2022

	Rank	Athlete	Country	Year	Time	Behind	Age
Female 30 to 34 Years	Overall	1 Alison, Coote	AUS	2000	09:35:23	--:--:--	32
		2 Kelly, Jarrett	AUS	2009	09:38:52	00:03:29	29
		3 Erin, Christie	NZL	1992	09:42:09	00:06:46	31
Female 30 to 34 Years	Swim	1 Rachel, Harris	AUS	2010	00:48:27	--:--:--	31
		2 Sally, Belyea	AUS	1990	00:49:12	00:00:45	30
		3 Renee, Goldhirsh	USA	1991	00:49:37	00:01:10	30
Female 30 to 34 Years	Cycle	1 Jessica, Richards	AUS	2015	05:11:04	--:--:--	33
		2 Rebecca, Coulter	AUS	2004	05:14:47	00:03:43	31
		3 Kelly, Jarrett	AUS	2009	05:18:01	00:06:57	29
Female 30 to 34 Years	Run	1 Alison, Coote	AUS	2000	03:12:32	--:--:--	32
		2 Kelly, Jarrett	AUS	2009	03:15:35	00:03:03	29
		3 Katie, Remond	AUS	2022	03:19:19	00:06:47	31
Male 35 to 39 Years	Overall	1 Matt, Jackson	AUS	2022	08:38:22	--:--:--	35
		2 Rhys, Lawler	AUS	2022	08:39:09	00:00:47	39
		3 Trent, Chapman	AUS	2014	08:55:34	00:17:12	38
Male 35 to 39 Years	Swim	1 Stuart, Snell	AUS	2014	00:43:43	--:--:--	35
		2 Trent, Chapman	AUS	2014	00:46:11	00:02:28	38
		3 Nick, Croft	AUS	2006	00:46:13	00:02:30	38
Male 35 to 39 Years	Cycle	1 Mitchell, Anderson	AUS	2011	04:40:42	--:--:--	36
		2 Rhys, Lawler	AUS	2022	04:41:33	00:00:51	39
		3 Georg, Fellner	AUS	2022	04:44:44	00:04:02	38
Male 35 to 39 Years	Run	1 Matt, Jackson	AUS	2022	02:47:46	--:--:--	35
		2 Rhys, Lawler	AUS	2022	02:52:52	00:05:06	39
		3 Ben, Bell	AUS	2012	02:56:27	00:08:41	37
Female 35 to 39 Years	Overall	1 Jessica, Fleming	AUS	2013	09:50:45	--:--:--	38
		2 Sharlene, Ryan	NZL	1992	09:59:59	00:09:14	36
		3 Julie, Moss	USA	1997	10:00:13	00:09:28	38
Female 35 to 39 Years	Swim	1 Taryn, Capper	AUS	2014	00:51:44	--:--:--	39
		2 Michelle, Gallen	AUS	2006	00:52:31	00:00:47	35
		3 Jane, Esahak Gage	USA	2001	00:52:36	00:00:52	39
Female 35 to 39 Years	Cycle	1 Jessica, Fleming	AUS	2013	05:15:54	--:--:--	38
		2 Andrea, Maloney	AUS	2019	05:19:01	00:03:07	39
		3 Michelle, Boyes	AUS	2009	05:23:00	00:07:06	38
Female 35 to 39 Years	Run	1 Leah, Fitzgerald	AUS	2019	03:14:21	--:--:--	36
		2 Jackie, Crofton	AUS	2013	03:20:28	00:06:07	37
		3 Belinda, Soszyn	AUS	1992	03:21:38	00:07:17	37

Top 3 Race Records Between 1985 & 2022

	Rank	Athlete	Country	Year	Time	Behind	Age
Male 40 to 44 Years	Overall	1 Ben, Bell	AUS	2018	08:58:29	--:--:--	43
		2 Nick, Burt	AUS	2014	09:00:29	00:02:00	42
		3 Chris, Southwell	AUS	2004	09:02:53	00:04:24	40
Male 40 to 44 Years	Swim	1 Darren, Turner	AUS	2014	00:47:08	--:--:--	40
		2 Kalli, Notttrudt	DEU	1993	00:47:20	00:00:12	40
		3 Saulo, Silva	BRA	2014	00:47:30	00:00:22	44
Male 40 to 44 Years	Cycle	1 Steve, Ledger	AUS	2022	04:40:12	--:--:--	41
		2 Matthew, Illingworth	GBR	2009	04:43:20	00:03:08	40
		3 Steve, Bentley	AUS	2000	04:48:53	00:08:41	40
Male 40 to 44 Years	Run	1 James, Viles	AUS	2022	02:53:12	--:--:--	41
		2 Tony, Daley	AUS	2012	02:54:18	00:01:06	40
		3 Nick, Burt	AUS	2014	02:54:57	00:01:45	42
Female 40 to 44 Years	Overall	1 Leanne, Southwell	AUS	2009	10:03:44	--:--:--	40
		2 Rosie, McGeoch	AUS	2016	10:06:05	00:02:21	41
		3 Kelly, Miller	AUS	2022	10:10:45	00:07:01	43
Female 40 to 44 Years	Swim	1 Tracy, Singleton	AUS	2006	00:50:25	--:--:--	44
		2 Leanne, Southwell	AUS	2009	00:52:49	00:02:24	40
		3 Angela, Milne	AUS	2010	00:53:03	00:02:38	39
Female 40 to 44 Years	Cycle	1 Angela, Milne	AUS	2010	05:22:22	--:--:--	39
		2 Robyn, McGeary	AUS	2004	05:26:32	00:04:10	43
		3 Rosie, McGeoch	AUS	2016	05:26:55	00:04:33	41
Female 40 to 44 Years	Run	1 Melissa, Bulloch	AUS	2009	03:14:58	--:--:--	39
		2 Julie, Hunziker	AUS	2014	03:17:37	00:02:39	40
		3 Teresa, Rider	AUS	2003	03:21:36	00:06:38	44
Male 45 to 49 Years	Overall	1 Adam, Williams	AUS	2022	09:13:04	--:--:--	45
		2 Nathan, Taylor	AUS	2019	09:13:16	00:00:12	46
		3 Michael, Tagell	AUS	2002	09:13:41	00:00:37	45
Male 45 to 49 Years	Swim	1 Neil, Brooks	AUS	2010	00:44:37	--:--:--	47
		2 Alan, Bentley	AUS	2012	00:47:07	00:02:30	45
		3 Brian, Barr	AUS	1993	00:48:36	00:03:59	45
Male 45 to 49 Years	Cycle	1 Adam, Williams	AUS	2022	04:45:45	--:--:--	45
		2 Bill, Goodwin	AUS	2000	04:48:31	00:02:46	46
		3 Nathan, Taylor	AUS	2019	04:56:42	00:10:57	46
Male 45 to 49 Years	Run	1 Rowan, Walker	AUS	2019	02:59:13	--:--:--	49
		2 Trent, Harlow	AUS	2019	03:00:26	00:01:13	46
		3 Kevin, Cutjar	CAN	2013	03:04:53	00:05:40	47

Top 3 Race Records Between 1985 & 2022

	Rank	Athlete	Country	Year	Time	Behind	Age
Female 45 to 49 Years	Overall	1 Jo A, Danne	AUS	2000	10:24:24	--:--:--	47
		2 Angela, Clarke	AUS	2012	10:27:55	00:03:31	46
		3 Kathryn, Golding	AUS	2017	10:34:36	00:10:12	48
Female 45 to 49 Years	Swim	1 Tracy, Singleton	AUS	2009	00:53:07	--:--:--	47
		2 Jodie, Stocks	AUS	2019	00:53:45	00:00:38	48
		3 Ali, Fitch	AUS	2019	00:55:06	00:01:59	47
Female 45 to 49 Years	Cycle	1 Jo A, Danne	AUS	2000	05:28:22	--:--:--	47
		2 Faye, Collins	AUS	1997	05:29:58	00:01:36	46
		3 Rebecca, East	AUS	2019	05:33:50	00:05:28	49
Female 45 to 49 Years	Run	1 Jenny, Hart	AUS	2011	03:34:59	--:--:--	45
		2 Angela, Clarke	AUS	2012	03:36:03	00:01:04	46
		3 Yolande, Van Vuuren	AUS	2019	03:36:38	00:01:39	45
Male 50 to 54 Years	Overall	1 Kevin, Fergusson	AUS	2010	09:24:30	--:--:--	51
		2 Ewen, Phyland	AUS	1997	09:30:46	00:06:16	50
		3 John W, Hill	AUS	2009	09:34:09	00:09:39	51
Male 50 to 54 Years	Swim	1 Chris, Southwell	AUS	2014	00:47:25	--:--:--	50
		2 Dougin, Walker	USA	2019	00:48:20	00:00:55	54
		3 Craig, McGuigan	AUS	2019	00:49:28	00:02:03	50
Male 50 to 54 Years	Cycle	1 Kevin, Fergusson	AUS	2010	04:57:27	--:--:--	51
		2 Peter, Taylor	AUS	2009	05:00:24	00:02:57	51
		3 Ewen, Phyland	AUS	1997	05:00:44	00:03:17	50
Male 50 to 54 Years	Run	1 Paul, Bruce	AUS	2008	03:05:36	--:--:--	50
		2 Grant, Thomas	AUS	2014	03:11:29	00:05:53	52
		3 Darren, Farlow	AUS	2022	03:18:43	00:13:07	53
Female 50 to 54 Years	Overall	1 Kelly, Phuah	AUS	2022	10:38:49	--:--:--	50
		2 Alison, Coote	AUS	2019	10:42:11	00:03:22	52
		3 Belinda, Soszyn	AUS	2005	10:47:14	00:08:25	50
Female 50 to 54 Years	Swim	1 Belinda, Soszyn	AUS	2005	00:56:46	--:--:--	50
		2 Jo A, Danne	AUS	2003	00:57:19	00:00:33	50
		3 Angela, Clarke	AUS	2016	00:58:35	00:01:49	50
Female 50 to 54 Years	Cycle	1 Kelly, Phuah	AUS	2022	05:23:45	--:--:--	50
		2 Narelle, McClelland	AUS	2015	05:45:45	00:22:00	52
		3 Jo A, Danne	AUS	2003	05:46:23	00:22:38	50
Female 50 to 54 Years	Run	1 Alison, Coote	AUS	2019	03:38:20	--:--:--	52
		2 Nickie, Scriven	AUS	2022	03:42:41	00:04:21	50
		3 Belinda, Soszyn	AUS	2005	03:43:15	00:04:55	50

Top 3 Race Records Between 1985 & 2022

	Rank	Athlete	Country	Year	Time	Behind	Age
Male 55 to 59 Years	Overall	1 Kevin, Fergusson	AUS	2014	09:31:16	--:--:--	55
		2 Griffiths, Weste	AUS	2001	09:42:13	00:10:57	55
		3 John W, Hill	AUS	2012	09:42:43	00:11:27	55
Male 55 to 59 Years	Swim	1 Kevin, Fergusson	AUS	2014	00:51:02	--:--:--	55
		2 Graham, Bruce	AUS	2019	00:51:35	00:00:33	55
		3 Brett, O'Neill	AUS	2014	00:52:00	00:00:58	55
Male 55 to 59 Years	Cycle	1 Griffiths, Weste	AUS	2001	05:05:19	--:--:--	55
		2 Kevin, Fergusson	AUS	2014	05:07:26	00:02:07	55
		3 John W, Hill	AUS	2012	05:15:32	00:10:13	55
Male 55 to 59 Years	Run	1 John W, Hill	AUS	2012	03:17:25	--:--:--	55
		2 Grant, Thomas	AUS	2017	03:27:56	00:10:31	55
		3 Kevin, Fergusson	AUS	2014	03:29:17	00:11:52	55
Female 55 to 59 Years	Overall	1 Nancy, Cullen	AUS	2012	10:59:32	--:--:--	55
		2 Narelle, McClelland	AUS	2018	11:24:22	00:24:50	55
		3 Jan, Wanklyn	AUS	2015	11:34:14	00:34:42	57
Female 55 to 59 Years	Swim	1 Jan, Croft	AUS	1998	00:54:14	--:--:--	55
		2 Jan, Wanklyn	AUS	2015	00:56:22	00:02:08	57
		3 Diane, Williams	AUS	2017	01:01:28	00:07:14	55
Female 55 to 59 Years	Cycle	1 Narelle, McClelland	AUS	2018	05:48:08	--:--:--	55
		2 Nancy, Cullen	AUS	2012	05:58:50	00:10:42	55
		3 Jan, Croft	AUS	1998	05:59:59	00:11:51	55
Female 55 to 59 Years	Run	1 Nancy, Cullen	AUS	2012	03:50:53	--:--:--	55
		2 Natalie, Mort	AUS	2018	04:00:06	00:09:13	59
		3 Narelle, McClelland	AUS	2018	04:14:55	00:24:02	55
Male 60 to 64 Years	Overall	1 Brian, McGovern	AUS	2018	10:30:09	--:--:--	60
		2 Brett, Stewart	AUS	2016	10:33:20	00:03:11	61
		3 John W, Hill	AUS	2018	10:36:11	00:06:02	61
Male 60 to 64 Years	Swim	1 John, Wilken	AUS	2014	00:52:00	--:--:--	60
		2 Graham, Crocker	AUS	2010	00:54:49	00:02:49	60
		3 James, Casey	AUS	2016	00:55:32	00:03:32	60
Male 60 to 64 Years	Cycle	1 Brett, Stewart	AUS	2016	05:15:36	--:--:--	61
		2 Griffiths, Weste	AUS	2010	05:23:36	00:08:00	64
		3 Ken, Raupach	AUS	2022	05:24:58	00:09:22	61
Male 60 to 64 Years	Run	1 Brian, McGovern	AUS	2018	03:28:58	--:--:--	60
		2 Ken, Raupach	AUS	2022	03:45:00	00:16:02	61
		3 John W, Hill	AUS	2018	03:54:37	00:25:39	61

Top 3 Race Records Between 1985 & 2022

	Rank	Athlete	Country	Year	Time	Behind	Age
Female 60 to 64 Years	Overall	1 Kim, Elvery	AUS	2017	11:56:28	--:--:--	60
		2 Rosie, Spicer	AUS	2018	12:16:04	00:19:36	60
		3 Barb, Carson	NZL	2015	12:32:23	00:35:55	60
Female 60 to 64 Years	Swim	1 Jane, Mountford	AUS	2011	01:02:32	--:--:--	63
		2 Beryl, Wilson	AUS	2012	01:06:29	00:03:57	61
		3 Kim, Elvery	AUS	2017	01:06:46	00:04:14	60
Female 60 to 64 Years	Cycle	1 Rosie, Spicer	AUS	2018	06:07:39	--:--:--	60
		2 Kim, Elvery	AUS	2017	06:13:58	00:06:19	60
		3 Julienne M, Drysdale	AUS	2022	06:22:36	00:14:57	63
Female 60 to 64 Years	Run	1 Barb, Carson	NZL	2015	04:25:47	--:--:--	60
		2 Kim, Elvery	AUS	2017	04:28:58	00:03:11	60
		3 Anne, Grundy	AUS	2009	04:36:02	00:10:15	60
Male 65 to 69 Years	Overall	1 Griffiths, Weste	AUS	2012	11:02:19	--:--:--	67
		2 Allan, Pitman	AUS	2014	11:15:46	00:13:27	66
		3 Tom `Tomas` , Valena	AUS	2019	11:33:21	00:31:02	66
Male 65 to 69 Years	Swim	1 Greg, Bush	AUS	2017	00:52:42	--:--:--	65
		2 Martin, MacKay	AUS	2019	00:59:09	00:06:27	68
		3 Robert, Hekking	AUS	2014	01:00:54	00:08:12	69
Male 65 to 69 Years	Cycle	1 Griffiths, Weste	AUS	2012	05:26:46	--:--:--	67
		2 Richard, Clark	USA	2004	05:56:01	00:29:15	65
		3 Greg, Broadley	AUS	2018	05:58:49	00:32:03	65
Male 65 to 69 Years	Run	1 Tom `Tomas` , Valena	AUS	2019	03:58:46	--:--:--	66
		2 Allan, Pitman	AUS	2014	04:04:42	00:05:56	66
		3 Ronald W, Smith	AUS	2014	04:12:35	00:13:49	65
Female 65 to 69 Years	Overall	1 Karla, McKinlay	AUS	2012	13:33:10	--:--:--	66
		2 Anne, Grundy	AUS	2016	14:14:49	00:41:39	68
		3 Beryl, Wilson	AUS	2017	14:51:38	01:18:28	66
Female 65 to 69 Years	Swim	1 Beryl, Wilson	AUS	2017	01:09:43	--:--:--	66
		2 Pauline, McCann	AUS	2019	01:15:06	00:05:23	65
		3 Anne, Grundy	AUS	2016	01:19:41	00:09:58	68
Female 65 to 69 Years	Cycle	1 Karla, McKinlay	AUS	2012	06:47:00	--:--:--	66
		2 Shirley J, Rolston	NZL	2016	07:18:25	00:31:25	67
		3 Anne, Grundy	AUS	2016	07:22:44	00:35:44	68
Female 65 to 69 Years	Run	1 Karla, McKinlay	AUS	2012	05:06:18	--:--:--	66
		2 Anne, Grundy	AUS	2016	05:20:30	00:14:12	68
		3 Beryl, Wilson	AUS	2017	05:30:46	00:24:28	66

Top 3 Race Records Between 1985 & 2022

	Rank	Athlete	Country	Year	Time	Behind	Age	
Male 70 to 74 Years	Overall	1	Allan, Pitman	AUS	2018	12:13:39	--:--:--	70
		2	Griffiths, Weste	AUS	2015	12:46:45	00:33:06	70
		3	George L, Hulse	AUS	2012	12:50:07	00:36:28	70
Male 70 to 74 Years	Swim	1	Robert, Pickard	AUS	2022	01:09:30	--:--:--	72
		2	Bob, Southwell	AUS	1999	01:11:26	00:01:56	70
		3	Allan, Pitman	AUS	2018	01:12:25	00:02:55	70
Male 70 to 74 Years	Cycle	1	Griffiths, Weste	AUS	2015	05:58:06	--:--:--	70
		2	Robert, Pickard	AUS	2022	06:14:54	00:16:48	72
		3	Allan, Pitman	AUS	2018	06:16:34	00:18:28	70
Male 70 to 74 Years	Run	1	George L, Hulse	AUS	2012	04:30:23	--:--:--	70
		2	Allan, Pitman	AUS	2018	04:38:55	00:08:32	70
		3	Dieter, Reithmeier	AUS	2014	04:51:03	00:20:40	70
Female 70 to 74 Years	Overall	1	Karla, McKinlay	AUS	2016	15:08:16	--:--:--	70
		2	Anne, Grundy	AUS	2018	15:45:00	00:36:44	70
		3	Shirley J, Rolston	NZL	2022	16:34:36	01:26:20	73
Female 70 to 74 Years	Swim	1	Anne, Grundy	AUS	2018	01:23:35	--:--:--	70
		2	Karla, McKinlay	AUS	2016	01:27:51	00:04:16	70
		3	Shirley J, Rolston	NZL	2022	01:44:33	00:20:58	73
Female 70 to 74 Years	Cycle	1	Karla, McKinlay	AUS	2016	07:10:42	--:--:--	70
		2	Anne, Grundy	AUS	2018	07:40:35	00:29:53	70
		3	Shirley J, Rolston	NZL	2022	07:55:38	00:44:56	73
Female 70 to 74 Years	Run	1	Karla, McKinlay	AUS	2016	06:11:59	--:--:--	70
		2	Anne, Grundy	AUS	2018	06:26:28	00:14:29	70
		3	Shirley J, Rolston	NZL	2022	06:37:02	00:25:03	73
Male 75 to 79 Years	Overall	1	Bob, Southwell	AUS	2004	14:22:46	--:--:--	75
		2	Jack, Gubbins	AUS	2005	15:25:26	01:02:40	76
		3	George L, Hulse	AUS	2018	15:27:45	01:04:59	76
Male 75 to 79 Years	Swim	1	Bruce, Higginbotham	AUS	2016	01:18:36	--:--:--	76
		2	George L, Hulse	AUS	2018	01:21:11	00:02:35	76
		3	Bob, Southwell	AUS	2004	01:23:05	00:04:29	75
Male 75 to 79 Years	Cycle	1	Bruce, Higginbotham	AUS	2016	06:46:39	--:--:--	76
		2	Bob, Southwell	AUS	2004	07:10:30	00:23:51	75
		3	Garth, Barfoot	NZL	2011	07:39:06	00:52:27	75
Male 75 to 79 Years	Run	1	Bob, Southwell	AUS	2004	05:49:11	--:--:--	75
		2	Jack, Gubbins	AUS	2005	05:59:21	00:10:10	76
		3	George L, Hulse	AUS	2018	06:03:15	00:14:04	76