

Male Overall Outright

Ironman Australia Personal Best Records Top 50

Rank	Year	Name	Races	Swim	Cycle	Run	Overall
1 M:Overall	2019	Cameron, Wurf (AUS)	1	00:49:09	04:22:52	02:50:19	08:06:17
2 M:Overall	1992	Pauli, Kiuru (FIN)	5	00:47:40	04:30:50	02:48:09	08:06:39
3 M:Overall	1997	Peter, Reid (CAN)	3	00:48:26	04:31:28	02:48:56	08:08:50
4 M:Overall	2019	Tim, Reed (AUS)	3	00:44:53	04:36:39	02:44:29	08:09:50
5 M:Overall	1997	Thomas, Hellriegel (DEU)	2	00:48:38	04:36:16	02:48:06	08:13:00
6 M:Overall	2018	Marino, Vanhoenacker (BEL)	1	00:45:57	04:30:55	02:54:12	08:14:37
7 M:Overall	2022	Tim, Van Berkel (AUS)	3	00:52:55	04:32:46	02:45:50	08:15:11
8 M:Overall	2017	David, Dellow (AUS)	2	00:49:12	04:34:31	02:47:41	08:15:35
9 M:Overall	2019	Denis, Chevrot (FRA)	1	00:44:44	04:36:59	02:50:54	08:16:05
10 M:Overall	2012	Paul R, Ambrose (USA)	4	00:46:18	04:31:25	02:57:12	08:17:38
11 M:Overall	1997	Chris, Legh (AUS)	4	00:48:37	04:37:53	02:51:24	08:17:54
12 M:Overall	2004	Chris, McCormack (AUS)	5	00:49:17	04:34:46	02:54:07	08:18:10
13 M:Overall	2018	Luke, McKenzie (AUS)	1	00:46:46	04:33:55	02:53:13	08:18:10
14 M:Overall	1996	Jürgen, Zäck (DEU)	2	00:50:39	04:34:21	02:55:25	08:20:25
15 M:Overall	2007	Patrick, Vernay (NCL)	6	00:46:57	04:45:14	02:49:39	08:21:50
16 M:Overall	2016	Clayton, Fettell (AUS)	3	00:43:46	04:29:13	03:07:02	08:23:21
17 M:Overall	2007	Jason, Shortis (AUS)	5	00:49:38	04:46:39	02:49:18	08:25:35
18 M:Overall	1993	Bruce, Thomas (AUS)	4	00:45:34	04:47:06	02:53:13	08:25:53
19 M:Overall	1996	Holger, Lorenz (DEU)	2	00:49:15	04:35:33	03:01:13	08:26:01
20 M:Overall	2002	Olivier, Bernhard (CHE)	1	00:50:01	04:42:39	02:53:25	08:26:05
21 M:Overall	2022	Josh, Amberger (AUS)	1	00:48:53	04:30:38	03:02:13	08:26:11
22 M:Overall	2016	Michael, Fox (AUS)	2	00:44:37	04:39:05	02:59:25	08:26:11
23 M:Overall	2018	Mark, Bowstead (NZL)	2	00:45:47	04:29:08	03:07:18	08:26:25
24 M:Overall	2010	Scott, Neyedli (GBR)	1	00:44:35	04:42:07	02:57:46	08:27:58
25 M:Overall	2009	Pete, Jacobs (AUS)	2	00:47:51	04:47:35	02:50:25	08:29:03
26 M:Overall	2018	Nathan, Shearer (AUS)	1	00:54:30	04:38:38	02:52:13	08:29:13
27 M:Overall	2016	Dougal, Allan (NZL)	2	00:56:29	04:27:50	03:01:43	08:29:14
28 M:Overall	1995	Peter, Kropko (HUN)	2	00:52:03	04:52:34	02:45:18	08:29:55
29 M:Overall	2001	Normann, Stadler (DEU)	2	00:49:41	04:42:26	02:58:15	08:30:22
30 M:Overall	2013	Luke, Bell (AUS)	3	00:47:24	04:46:02	02:53:47	08:30:22
31 M:Overall	1993	Jos, Everts (NLD)	1	00:45:51	04:43:37	03:01:17	08:30:45
32 M:Overall	1992	Ray, Browning (USA)	1	00:47:44	04:48:13	02:55:07	08:31:04
33 M:Overall	1991	Dirk, Aschmoneit (DEU)	1	00:48:58	04:45:49	02:56:45	08:31:32
34 M:Overall	1996	Matthias, Klumpp (DEU)	1	00:51:39	04:46:37	02:53:42	08:31:58
35 M:Overall	2010	Trent, Chapman (AUS)	1	00:44:41	04:43:33	03:01:49	08:32:52
36 M:Overall	2009	Jimmy, Johnsen (DNK)	1	00:50:56	04:44:44	02:55:05	08:33:43
37 M:Overall	1992	Tim, A'Hern (AUS)	1	00:50:47	04:56:24	02:46:36	08:33:47
38 M:Overall	2009	Maik, Twelsiek (DEU)	1	00:50:49	04:43:31	02:55:20	08:34:10
39 M:Overall	2014	Elliot, Holtham (CAN)	1	00:49:25	04:49:09	02:53:28	08:35:17
40 M:Overall	2022	Jack, Moody (NZL)	1	00:53:08	04:44:28	02:52:29	08:35:37
41 M:Overall	1993	Alexander, Taubert (DEU)	1	00:48:55	04:42:56	03:03:55	08:35:46
42 M:Overall	2017	Chris, McDonald (USA)	1	00:50:21	04:44:27	02:57:21	08:35:53
43 M:Overall	2010	Courtney, Ogden (AUS)	1	00:46:21	04:49:06	02:57:11	08:35:54
44 M:Overall	2016	Simon, Cochrane (NZL)	1	00:46:51	04:45:41	03:00:15	08:36:18
45 M:Overall	2022	Ben, Phillips (NZL)	1	00:52:57	04:35:51	03:03:41	08:36:33
46 M:Overall	2010	Matty, White (AUS)	1	00:46:11	04:48:23	02:59:14	08:36:39
47 M:Overall	2000	Grant, Webster (AUS)	1	00:51:48	04:48:39	02:56:42	08:37:09
48 M:Overall	2005	Mitchell, Anderson (AUS)	1	00:50:59	04:40:29	03:06:23	08:37:51
49 M:Overall	1993	Bennie, Lindberg (FIN)	1	00:46:48	04:45:09	03:05:54	08:37:51
50 M:Overall	2022	Matt, Jackson (AUS)	1	00:54:32	04:51:28	02:47:46	08:38:22

Female Overall Outright

Ironman Australia Personal Best Records Top 50

Rank	Year	Name	Races	Swim	Cycle	Run	Overall
1 F:Overall	2000	Lori, Bowden (CAN)	5	00:56:42	04:51:40	03:06:46	08:55:08
2 F:Overall	2009	Chrissie, Wellington (GBR)	2	00:50:48	05:03:01	02:59:15	08:57:10
3 F:Overall	1993	Thea, Sybesma (NLD)	1	00:49:42	04:58:36	03:13:11	09:01:29
4 F:Overall	2004	Lisa, Bentley (CAN)	5	00:54:41	05:06:55	03:01:51	09:03:27
5 F:Overall	2018	Laura, Siddall (GBR)	3	00:55:48	04:56:12	03:10:21	09:05:58
6 F:Overall	2022	Sarah, Crowley (AUS)	1	00:55:05	04:55:15	03:11:33	09:06:03
7 F:Overall	2022	Rebecca, Clarke (NZL)	1	00:52:59	04:56:52	03:12:38	09:07:10
8 F:Overall	1997	Paula, Newby Fraser (USA)	2	00:50:40	04:59:26	03:18:16	09:08:22
9 F:Overall	2008	Kate, Major (USA)	3	00:54:00	05:07:27	03:04:40	09:09:12
10 F:Overall	2004	Belinda, Granger (AUS)	8	00:54:16	04:54:52	03:21:28	09:10:36
11 F:Overall	2007	Rebekah, Keat (AUS)	3	00:50:26	05:18:27	03:04:07	09:13:00
12 F:Overall	2016	Michelle, Bremer (AUS)	2	00:54:27	05:03:53	03:11:46	09:13:33
13 F:Overall	1998	Sian, Welch (USA)	2	00:52:26	04:56:54	03:25:49	09:15:09
14 F:Overall	1998	Joanne, King (AUS)	3	00:52:24	05:08:21	03:15:48	09:16:33
15 F:Overall	2019	Caroline, Steffen (AUS)	3	00:49:32	05:06:00	03:17:45	09:17:28
16 F:Overall	2019	Kelsey, Withrow (USA)	1	00:49:28	05:13:37	03:11:07	09:19:11
17 F:Overall	2007	Melissa, Ashton (AUS)	3	00:51:25	05:09:25	03:22:33	09:23:23
18 F:Overall	2010	Carrie, Lester (AUS)	1	00:49:43	05:00:58	03:29:36	09:23:46
19 F:Overall	1992	Louise, MacKinlay (AUS)	1	00:56:07	05:08:12	03:19:56	09:24:15
20 F:Overall	1994	Sharlene, Ryan (NZL)	1	00:57:42	05:05:14	03:21:20	09:24:16
21 F:Overall	1999	Wendy, Ingraham (USA)	3	00:48:17	05:15:44	03:21:18	09:25:19
22 F:Overall	2019	Melanie J, Burke (NZL)	3	00:59:39	05:08:18	03:14:26	09:26:54
23 F:Overall	1999	Robyn, Roocke (AUS)	2	00:54:56	05:14:57	03:17:20	09:27:13
24 F:Overall	2014	Melissa, Hauschildt (AUS)	1	00:50:45	05:19:57	03:13:58	09:28:42
25 F:Overall	1999	Louise, Davoren (AUS)	1	00:55:30	05:11:35	03:21:45	09:28:50
26 F:Overall	2000	Fernanda, Keller (BRA)	1	00:55:54	05:14:00	03:19:32	09:29:26
27 F:Overall	2002	Heather, Fuhr (CAN)	1	00:56:26	05:21:33	03:11:30	09:29:29
28 F:Overall	1994	Lynne, McAllister (CAN)	2	00:57:31	05:10:04	03:22:02	09:29:37
29 F:Overall	2022	Courtney, Gilfillan (AUS)	1	00:55:05	05:11:17	03:19:52	09:30:47
30 F:Overall	2014	Lisa, Marangon (AUS)	1	00:49:48	05:12:19	03:23:53	09:30:49
31 F:Overall	1993	Bianca, Van Woesik (AUS)	1	00:48:31	05:16:58	03:27:38	09:33:07
32 F:Overall	2005	Joanna, Lawn (NZL)	1	00:51:02	05:11:17	03:31:45	09:34:04
33 F:Overall	1991	Jan, Wanklyn (AUS)	1	00:51:18	05:27:46	03:15:02	09:34:06
34 F:Overall	2001	Yoko, Okuda (AUS)	1	00:59:40	05:16:58	03:18:02	09:34:40
35 F:Overall	1993	Terry, Schneider (USA)	2	00:52:33	05:13:05	03:29:06	09:34:44
36 F:Overall	2013	Rebecca A, Hoschke (AUS)	1	00:57:04	05:15:00	03:18:46	09:34:54
37 F:Overall	2012	Michelle, Mitchell (AUS)	1	00:51:48	05:29:56	03:08:38	09:34:57
38 F:Overall	2004	Marissa, Robbins (AUS)	1	00:57:33	05:02:58	03:34:27	09:34:58
39 F:Overall	2000	Alison, Coote (AUS)	1	00:56:31	05:26:20	03:12:32	09:35:23
40 F:Overall	1994	Paula, Johnson (USA)	1	00:55:48	05:13:29	03:26:44	09:36:01
41 F:Overall	2007	Kate, Bevilaqua (AUS)	1	00:55:20	05:22:03	03:19:40	09:37:03
42 F:Overall	2011	Amelia, Pearson (AUS)	1	00:49:46	05:23:31	03:21:56	09:38:23
43 F:Overall	1998	Raeleigh, Rogers (AUS)	1	00:48:34	05:00:42	03:49:35	09:38:51
44 F:Overall	2009	Kelly, Jarrett (AUS)	1	01:00:12	05:18:01	03:15:35	09:38:52
45 F:Overall	2006	Erika, Csomor (HUN)	1	01:00:18	05:26:37	03:12:18	09:39:13
46 F:Overall	2001	Susan, Peter (AUS)	1	01:04:26	05:06:55	03:29:19	09:40:40
47 F:Overall	2000	Cherie, Trudeau Cooper (CAN)	1	01:02:22	05:06:49	03:31:38	09:40:49
48 F:Overall	1993	Jody, Mielke (AUS)	1	00:52:34	05:17:56	03:30:24	09:40:54
49 F:Overall	2013	Ange, Castle (AUS)	1	01:01:18	05:12:06	03:23:18	09:41:37
50 F:Overall	1992	Erin, Christie (NZL)	1	00:56:04	05:22:43	03:23:22	09:42:09

Male Professionals

Ironman Australia Personal Best Records Top 50

Rank	Year	Name	Races	Swim	Cycle	Run	Overall
1	M:PRO	2019 Cameron, Wurf (AUS)	1	00:49:09	04:22:52	02:50:19	08:06:17
2	M:PRO	1992 Pauli, Kiuru (FIN)	5	00:47:40	04:30:50	02:48:09	08:06:39
3	M:PRO	1997 Peter, Reid (CAN)	3	00:48:26	04:31:28	02:48:56	08:08:50
4	M:PRO	2019 Tim, Reed (AUS)	3	00:44:53	04:36:39	02:44:29	08:09:50
5	M:PRO	1997 Thomas, Hellriegel (DEU)	2	00:48:38	04:36:16	02:48:06	08:13:00
6	M:PRO	2018 Marino, Vanhoenacker (BEL)	1	00:45:57	04:30:55	02:54:12	08:14:37
7	M:PRO	2022 Tim, Van Berkel (AUS)	3	00:52:55	04:32:46	02:45:50	08:15:11
8	M:PRO	2017 David, Dellow (AUS)	2	00:49:12	04:34:31	02:47:41	08:15:35
9	M:PRO	2019 Denis, Chevrot (FRA)	1	00:44:44	04:36:59	02:50:54	08:16:05
10	M:PRO	2012 Paul R, Ambrose (USA)	4	00:46:18	04:31:25	02:57:12	08:17:38
11	M:PRO	1997 Chris, Legh (AUS)	4	00:48:37	04:37:53	02:51:24	08:17:54
12	M:PRO	2018 Luke, McKenzie (AUS)	1	00:46:46	04:33:55	02:53:13	08:18:10
13	M:PRO	2004 Chris, McCormack (AUS)	5	00:49:17	04:34:46	02:54:07	08:18:10
14	M:PRO	1996 Jürgen, Zäck (DEU)	2	00:50:39	04:34:21	02:55:25	08:20:25
15	M:PRO	2007 Patrick, Vernay (NCL)	6	00:46:57	04:45:14	02:49:39	08:21:50
16	M:PRO	2016 Clayton, Fettell (AUS)	3	00:43:46	04:29:13	03:07:02	08:23:21
17	M:PRO	2007 Jason, Shortis (AUS)	6	00:49:38	04:46:39	02:49:18	08:25:35
18	M:PRO	1993 Bruce, Thomas (AUS)	5	00:45:34	04:47:06	02:53:13	08:25:53
19	M:PRO	1996 Holger, Lorenz (DEU)	2	00:49:15	04:35:33	03:01:13	08:26:01
20	M:PRO	2002 Olivier, Bernhard (CHE)	1	00:50:01	04:42:39	02:53:25	08:26:05
21	M:PRO	2016 Michael, Fox (AUS)	2	00:44:37	04:39:05	02:59:25	08:26:11
22	M:PRO	2022 Josh, Amberger (AUS)	1	00:48:53	04:30:38	03:02:13	08:26:11
23	M:PRO	2018 Mark, Bowstead (NZL)	2	00:45:47	04:29:08	03:07:18	08:26:25
24	M:PRO	2010 Scott, Neyedli (GBR)	1	00:44:35	04:42:07	02:57:46	08:27:58
25	M:PRO	2009 Pete, Jacobs (AUS)	2	00:47:51	04:47:35	02:50:25	08:29:03
26	M:PRO	2018 Nathan, Shearer (AUS)	1	00:54:30	04:38:38	02:52:13	08:29:13
27	M:PRO	2016 Dougal, Allan (NZL)	2	00:56:29	04:27:50	03:01:43	08:29:14
28	M:PRO	1995 Peter, Kropko (HUN)	2	00:52:03	04:52:34	02:45:18	08:29:55
29	M:PRO	2013 Luke, Bell (AUS)	4	00:47:24	04:46:02	02:53:47	08:30:22
30	M:PRO	2001 Normann, Stadler (DEU)	2	00:49:41	04:42:26	02:58:15	08:30:22
31	M:PRO	1993 Jos, Everts (NLD)	1	00:45:51	04:43:37	03:01:17	08:30:45
32	M:PRO	1991 Dirk, Aschmoneit (DEU)	1	00:48:58	04:45:49	02:56:45	08:31:32
33	M:PRO	1996 Matthias, Klumpp (DEU)	1	00:51:39	04:46:37	02:53:42	08:31:58
34	M:PRO	2009 Jimmy, Johnsen (DNK)	1	00:50:56	04:44:44	02:55:05	08:33:43
35	M:PRO	1992 Tim, A'Hern (AUS)	1	00:50:47	04:56:24	02:46:36	08:33:47
36	M:PRO	2009 Maik, Twelsiek (DEU)	1	00:50:49	04:43:31	02:55:20	08:34:10
37	M:PRO	2014 Elliot, Holtham (CAN)	1	00:49:25	04:49:09	02:53:28	08:35:17
38	M:PRO	2022 Jack, Moody (NZL)	1	00:53:08	04:44:28	02:52:29	08:35:37
39	M:PRO	1993 Alexander, Taubert (DEU)	1	00:48:55	04:42:56	03:03:55	08:35:46
40	M:PRO	2017 Chris, McDonald (USA)	1	00:50:21	04:44:27	02:57:21	08:35:53
41	M:PRO	2010 Courtney, Ogden (AUS)	1	00:46:21	04:49:06	02:57:11	08:35:54
42	M:PRO	2016 Simon, Cochrane (NZL)	1	00:46:51	04:45:41	03:00:15	08:36:18
43	M:PRO	2022 Ben, Phillips (NZL)	1	00:52:57	04:35:51	03:03:41	08:36:33
44	M:PRO	2010 Matty, White (AUS)	1	00:46:11	04:48:23	02:59:14	08:36:39
45	M:PRO	2000 Grant, Webster (AUS)	1	00:51:48	04:48:39	02:56:42	08:37:09
46	M:PRO	1993 Bennie, Lindberg (FIN)	1	00:46:48	04:45:09	03:05:54	08:37:51
47	M:PRO	2005 Mitchell, Anderson (AUS)	1	00:50:59	04:40:29	03:06:23	08:37:51
48	M:PRO	2007 Craig, Alexander (AUS)	1	00:47:38	04:56:16	02:54:56	08:38:50
49	M:PRO	2002 Craig, Walton (AUS)	1	00:45:21	04:39:04	03:14:29	08:38:54
50	M:PRO	2016 Adam, Gordon (AUS)	1	00:52:39	04:41:25	03:01:08	08:38:55

Female Professionals

Ironman Australia Personal Best Records Top 50

Rank	Year	Name	Races	Swim	Cycle	Run	Overall
1 F:PRO	2000	Lori, Bowden (CAN)	5	00:56:42	04:51:40	03:06:46	08:55:08
2 F:PRO	2009	Chrissie, Wellington (GBR)	2	00:50:48	05:03:01	02:59:15	08:57:10
3 F:PRO	1993	Thea, Sybesma (NLD)	1	00:49:42	04:58:36	03:13:11	09:01:29
4 F:PRO	2004	Lisa, Bentley (CAN)	5	00:54:41	05:06:55	03:01:51	09:03:27
5 F:PRO	2018	Laura, Siddall (GBR)	3	00:55:48	04:56:12	03:10:21	09:05:58
6 F:PRO	2022	Sarah, Crowley (AUS)	1	00:55:05	04:55:15	03:11:33	09:06:03
7 F:PRO	2022	Rebecca, Clarke (NZL)	1	00:52:59	04:56:52	03:12:38	09:07:10
8 F:PRO	1997	Paula, Newby Fraser (USA)	2	00:50:40	04:59:26	03:18:16	09:08:22
9 F:PRO	2008	Kate, Major (USA)	3	00:54:00	05:07:27	03:04:40	09:09:12
10 F:PRO	2004	Belinda, Granger (AUS)	8	00:54:16	04:54:52	03:21:28	09:10:36
11 F:PRO	2007	Rebekah, Keat (AUS)	3	00:50:26	05:18:27	03:04:07	09:13:00
12 F:PRO	2016	Michelle, Bremer (AUS)	2	00:54:27	05:03:53	03:11:46	09:13:33
13 F:PRO	1998	Sian, Welch (USA)	3	00:52:26	04:56:54	03:25:49	09:15:09
14 F:PRO	1998	Joanne, King (AUS)	3	00:52:24	05:08:21	03:15:48	09:16:33
15 F:PRO	2019	Caroline, Steffen (AUS)	3	00:49:32	05:06:00	03:17:45	09:17:28
16 F:PRO	2019	Kelsey, Withrow (USA)	1	00:49:28	05:13:37	03:11:07	09:19:11
17 F:PRO	2007	Melissa, Ashton (AUS)	3	00:51:25	05:09:25	03:22:33	09:23:23
18 F:PRO	2010	Carrie, Lester (AUS)	1	00:49:43	05:00:58	03:29:36	09:23:46
19 F:PRO	1992	Louise, MacKinlay (AUS)	1	00:56:07	05:08:12	03:19:56	09:24:15
20 F:PRO	1994	Sharlene, Ryan (NZL)	1	00:57:42	05:05:14	03:21:20	09:24:16
21 F:PRO	1999	Wendy, Ingraham (USA)	3	00:48:17	05:15:44	03:21:18	09:25:19
22 F:PRO	2019	Melanie J, Burke (NZL)	3	00:59:39	05:08:18	03:14:26	09:26:54
23 F:PRO	1999	Robyn, Roocke (AUS)	2	00:54:56	05:14:57	03:17:20	09:27:13
24 F:PRO	2014	Melissa, Hauschildt (AUS)	1	00:50:45	05:19:57	03:13:58	09:28:42
25 F:PRO	1999	Louise, Davoren (AUS)	1	00:55:30	05:11:35	03:21:45	09:28:50
26 F:PRO	2000	Fernanda, Keller (BRA)	1	00:55:54	05:14:00	03:19:32	09:29:26
27 F:PRO	2002	Heather, Fuhr (CAN)	1	00:56:26	05:21:33	03:11:30	09:29:29
28 F:PRO	1994	Lynne, McAllister (CAN)	2	00:57:31	05:10:04	03:22:02	09:29:37
29 F:PRO	2022	Courtney, Gilfillan (AUS)	1	00:55:05	05:11:17	03:19:52	09:30:47
30 F:PRO	2014	Lisa, Marangon (AUS)	1	00:49:48	05:12:19	03:23:53	09:30:49
31 F:PRO	1993	Bianca, Van Woesik (AUS)	1	00:48:31	05:16:58	03:27:38	09:33:07
32 F:PRO	2005	Joanna, Lawn (NZL)	1	00:51:02	05:11:17	03:31:45	09:34:04
33 F:PRO	1991	Jan, Wanklyn (AUS)	1	00:51:18	05:27:46	03:15:02	09:34:06
34 F:PRO	2001	Yoko, Okuda (AUS)	1	00:59:40	05:16:58	03:18:02	09:34:40
35 F:PRO	1993	Terry, Schneider (USA)	2	00:52:33	05:13:05	03:29:06	09:34:44
36 F:PRO	2013	Rebecca A, Hoschke (AUS)	1	00:57:04	05:15:00	03:18:46	09:34:54
37 F:PRO	2012	Michelle, Mitchell (AUS)	1	00:51:48	05:29:56	03:08:38	09:34:57
38 F:PRO	2004	Marissa, Robbins (AUS)	1	00:57:33	05:02:58	03:34:27	09:34:58
39 F:PRO	1994	Paula, Johnson (USA)	1	00:55:48	05:13:29	03:26:44	09:36:01
40 F:PRO	2007	Kate, Bevilaqua (AUS)	1	00:55:20	05:22:03	03:19:40	09:37:03
41 F:PRO	2011	Amelia, Pearson (AUS)	1	00:49:46	05:23:31	03:21:56	09:38:23
42 F:PRO	1998	Raeleigh, Rogers (AUS)	1	00:48:34	05:00:42	03:49:35	09:38:51
43 F:PRO	2006	Erika, Csomor (HUN)	1	01:00:18	05:26:37	03:12:18	09:39:13
44 F:PRO	2001	Susan, Peter (AUS)	1	01:04:26	05:06:55	03:29:19	09:40:40
45 F:PRO	2000	Cherie, Trudeau Cooper (CAN)	1	01:02:22	05:06:49	03:31:38	09:40:49
46 F:PRO	2013	Ange, Castle (AUS)	1	01:01:18	05:12:06	03:23:18	09:41:37
47 F:PRO	2016	Dimity L, Duke (AUS)	1	00:56:50	05:17:24	03:24:17	09:42:15
48 F:PRO	2015	Jessica, Fleming (AUS)	1	00:56:25	05:11:49	03:30:36	09:42:17
49 F:PRO	2001	Alison, Coote (AUS)	1	00:56:11	05:29:30	03:16:37	09:42:18
50 F:PRO	2005	Nikki, Egyed (AUS)	1	00:54:33	05:07:44	03:40:29	09:42:46

Male 18 to 24 Years

Ironman Australia Personal Best Records Top 50

Rank	Year	Name	Races	Swim	Cycle	Run	Overall
1	M:18-24	1993 Jason, Shortis (AUS)	3	00:48:35	04:49:20	03:05:29	08:43:24
2	M:18-24	2012 Matt, Burton (AUS)	1	00:53:51	04:56:33	03:03:29	08:57:10
3	M:18-24	2001 Paul, Healey (AUS)	1	00:52:29	05:02:28	03:04:01	08:58:58
4	M:18-24	2006 Tim, Prowse (AUS)	2	00:46:37	05:03:29	03:09:17	08:59:23
5	M:18-24	1994 Mick, Jurd (AUS)	2	00:48:01	04:56:08	03:16:30	09:00:39
6	M:18-24	1993 Andrew, Hunter (AUS)	1	00:48:48	04:53:38	03:18:27	09:00:53
7	M:18-24	1997 Will, Carroll (AUS)	1	00:47:41	05:00:39	03:12:56	09:01:16
8	M:18-24	1991 David, Owen (AUS)	1	00:59:41	05:01:16	03:03:11	09:04:08
9	M:18-24	1997 Dean, Gavan (AUS)	2	00:54:56	04:55:12	03:15:33	09:05:41
10	M:18-24	1993 Ian, Ross (AUS)	1	00:47:29	04:59:42	03:18:33	09:05:44
11	M:18-24	2000 Rory, Walsh (AUS)	1	01:03:40	04:57:50	03:04:51	09:06:21
12	M:18-24	1994 Pete, Murray (AUS)	1	00:47:56	04:56:12	03:22:28	09:06:36
13	M:18-24	2000 Mitchell, Anderson (AUS)	1	00:58:27	04:49:23	03:19:21	09:07:11
14	M:18-24	2005 Cameron, Bartram (AUS)	1	00:52:28	05:02:01	03:13:39	09:08:08
15	M:18-24	2007 Chris, Stanton (AUS)	1	00:51:26	05:09:16	03:08:09	09:08:51
16	M:18-24	2007 Ben, Orr (AUS)	2	00:51:55	05:09:12	03:08:56	09:10:03
17	M:18-24	2009 Todd, Skipworth (AUS)	1	00:47:59	05:03:44	03:16:03	09:12:01
18	M:18-24	1997 Martin, Greaves (AUS)	2	00:51:40	04:58:16	03:22:13	09:12:09
19	M:18-24	2000 Luciano, Grimaldi (ARG)	1	00:53:31	04:54:49	03:24:34	09:12:54
20	M:18-24	2000 Gavin, Humphries (AUS)	1	00:54:06	04:53:56	03:25:16	09:13:18
21	M:18-24	1994 Kristoan, Raiend (EST)	1	00:57:23	05:03:21	03:13:50	09:14:34
22	M:18-24	1992 Daniel, Kubecka (AUS)	1	00:56:48	05:01:38	03:17:03	09:15:29
23	M:18-24	1996 Justin, Granger (AUS)	1	00:53:40	05:06:14	03:15:43	09:15:37
24	M:18-24	2004 Steven, Bishop (AUS)	1	00:51:18	04:53:08	03:31:29	09:15:55
25	M:18-24	1998 Sam, McLean (AUS)	1	00:56:47	05:04:35	03:16:24	09:17:46
26	M:18-24	2004 Hayden, Kegg (AUS)	1	00:54:40	04:54:26	03:29:00	09:18:06
27	M:18-24	1992 Michael, Hay (CAN)	1	00:50:45	05:01:09	03:26:26	09:18:20
28	M:18-24	2009 Chris, Jensen (AUS)	1	01:01:11	04:59:02	03:11:29	09:18:21
29	M:18-24	1992 Michael R, Grantham (AUS)	1	00:58:23	04:58:20	03:21:56	09:18:39
30	M:18-24	2018 Caleb, Noble (AUS)	1	00:50:16	05:02:06	03:21:54	09:19:17
31	M:18-24	1995 David, Meade (AUS)	1	01:00:18	05:03:24	03:15:39	09:19:21
32	M:18-24	2003 Nick, Gaffney (AUS)	1	00:51:10	05:11:01	03:14:49	09:20:31
33	M:18-24	1993 Michael, Rees (AUS)	1	00:46:38	05:07:05	03:26:52	09:20:35
34	M:18-24	1990 Peter, Stafford (AUS)	1	00:49:12	05:10:22	03:21:37	09:21:11
35	M:18-24	2000 Colin, Taylor (AUS)	1	00:53:20	04:58:21	03:29:48	09:21:29
36	M:18-24	2005 Peter, Donnelly (AUS)	2	00:49:39	04:58:16	03:34:02	09:21:57
37	M:18-24	1993 Johan, Serazin (FRA)	1	00:54:44	05:15:43	03:11:43	09:22:10
38	M:18-24	1997 Kyle, Hughes (AUS)	1	00:51:21	05:13:07	03:17:50	09:22:18
39	M:18-24	1993 Tim, Lang (AUS)	1	00:48:17	05:07:24	03:27:49	09:23:30
40	M:18-24	2012 James, Goswell (AUS)	1	00:50:06	05:11:41	03:16:23	09:24:02
41	M:18-24	1992 Timothy, McMenamin (AUS)	1	00:51:34	05:04:04	03:29:35	09:25:13
42	M:18-24	2000 David, Halsall (AUS)	1	00:54:13	04:55:59	03:35:22	09:25:34
43	M:18-24	2001 Jason, Nunn (AUS)	1	01:07:07	05:05:38	03:13:45	09:26:30
44	M:18-24	2003 Paul, Morris (AUS)	1	00:54:14	05:07:21	03:22:50	09:27:46
45	M:18-24	2004 Shane, Gibbs (AUS)	1	00:49:05	04:59:52	03:38:56	09:27:53
46	M:18-24	1991 Grzegorz, Zgliczynski (POL)	1	00:50:59	05:06:15	03:30:40	09:27:54
47	M:18-24	1996 Bruce, Thiele (AUS)	1	00:55:39	05:11:26	03:21:07	09:28:12
48	M:18-24	2008 Ollie, Whistler (AUS)	1	01:00:15	05:07:06	03:16:14	09:28:36
49	M:18-24	1999 Phil, Giles (AUS)	1	00:58:32	05:08:51	03:21:15	09:28:38
50	M:18-24	1994 Sascha, Krause (DEU)	1	00:53:23	05:13:27	03:22:19	09:29:09

Female 18 to 24 Years

Ironman Australia Personal Best Records Top 50

Rank	Year	Name	Races	Swim	Cycle	Run	Overall
1	F:18-24	1993 Jody, Mielke (AUS)	1	00:52:34	05:17:56	03:30:24	09:40:54
2	F:18-24	1994 Angela, Milne (AUS)	1	00:55:13	05:14:40	03:34:30	09:44:23
3	F:18-24	1994 Gayle, Watson (AUS)	1	00:50:39	05:25:23	03:29:53	09:45:55
4	F:18-24	1992 Tracey, Ellingham (AUS)	1	00:47:36	05:36:37	03:28:16	09:52:29
5	F:18-24	2003 Rebecca, Philipp (AUS)	1	00:53:45	05:38:00	03:24:26	10:02:28
6	F:18-24	2002 Kate, Major (USA)	1	00:57:47	05:17:40	03:47:47	10:03:14
7	F:18-24	2004 Lisa, Marangon (AUS)	1	00:56:10	05:18:13	03:49:55	10:04:18
8	F:18-24	2000 Catherine, Phillips (USA)	1	01:03:08	05:16:54	03:48:16	10:08:18
9	F:18-24	2002 Karly, Allen (AUS)	1	01:01:59	05:36:14	03:38:03	10:16:16
10	F:18-24	2009 Jacinta, Collier (AUS)	1	00:53:26	05:24:04	03:51:42	10:16:17
11	F:18-24	1999 Emma, Pugh (AUS)	2	00:56:00	05:39:25	03:43:01	10:18:26
12	F:18-24	1991 Colette, Gunn (AUS)	1	00:49:17	05:49:38	03:42:47	10:21:42
13	F:18-24	1999 Belinda, King (AUS)	1	00:53:12	05:39:17	03:51:06	10:23:35
14	F:18-24	1999 Kate, Lyon (AUS)	1	01:08:21	05:39:14	03:38:20	10:25:55
15	F:18-24	1992 Leonie, McKenzie Hicks (AUS)	3	00:55:11	05:51:52	03:40:16	10:27:19
16	F:18-24	1993 Deirdre, Grace (AUS)	1	00:49:15	05:35:29	04:05:05	10:29:49
17	F:18-24	2001 Joanne, Bennett (AUS)	1	00:57:45	05:39:22	03:54:17	10:31:24
18	F:18-24	1994 Carla, Muggleton (AUS)	1	01:02:17	05:40:11	03:49:08	10:31:36
19	F:18-24	2007 Elly, Franks (AUS)	1	00:53:49	05:43:27	03:54:28	10:31:44
20	F:18-24	2009 Sophie, Curtis (AUS)	1	01:05:42	05:50:49	03:28:52	10:32:05
21	F:18-24	2011 Jessica, Simpson (AUS)	2	00:56:31	05:36:22	03:55:53	10:33:14
22	F:18-24	1992 Patricia, Newman (AUS)	1	01:02:39	05:48:09	03:44:55	10:35:43
23	F:18-24	2002 Erika, Ellis (NCL)	2	01:17:15	05:42:42	03:36:47	10:36:44
24	F:18-24	1994 Kim, Palmer (AUS)	2	01:05:42	05:36:03	03:56:36	10:38:21
25	F:18-24	1990 Katharine, Tubb (AUS)	1	01:00:17	05:57:00	03:41:49	10:39:06
26	F:18-24	1994 Colleen, McCarthy (AUS)	1	01:04:55	05:37:36	04:00:10	10:42:41
27	F:18-24	1989 Virginia, Forbes (AUS)	1	00:58:02	05:45:03	04:00:57	10:44:02
28	F:18-24	1988 Janine, Donaldson (AUS)	1	00:58:36	05:54:10	03:51:40	10:44:26
29	F:18-24	2002 Kate, Gazzard (AUS)	1	01:07:46	05:52:28	03:44:40	10:44:54
30	F:18-24	1994 Anne, Valta (FIN)	1	01:05:02	05:30:37	04:10:15	10:45:54
31	F:18-24	1997 Kelli, Bayliss (AUS)	1	01:05:06	05:51:52	03:49:49	10:46:47
32	F:18-24	2008 Emma, O'Neill (AUS)	2	01:09:28	05:41:28	03:51:00	10:48:03
33	F:18-24	2015 Karlie, Jennings (AUS)	2	00:54:41	05:48:37	03:57:33	10:48:52
34	F:18-24	2000 Julie, Marshall (AUS)	1	00:59:32	05:57:03	03:52:38	10:49:13
35	F:18-24	2016 Kierra, Allen (AUS)	1	01:00:36	06:16:28	03:28:12	10:50:25
36	F:18-24	2008 Brittany, Orr (AUS)	1	01:00:22	05:39:40	04:03:22	10:50:56
37	F:18-24	2001 Belinda, Underwood (AUS)	1	00:55:56	05:47:27	04:09:06	10:52:29
38	F:18-24	2001 Thea, Dillon (AUS)	1	00:56:58	05:38:11	04:18:57	10:54:06
39	F:18-24	2016 Megan, Hawkins (AUS)	1	01:01:35	05:50:04	03:57:22	10:55:01
40	F:18-24	1996 Mignon, Auguszczak (AUS)	1	01:08:43	05:42:38	04:08:36	10:59:57
41	F:18-24	1991 Sian, Welch (USA)	1	00:57:50	05:35:49	04:28:06	11:01:45
42	F:18-24	1993 Wendy, Jones (AUS)	1	00:46:40	05:33:15	04:42:42	11:02:37
43	F:18-24	2013 Laura, Harris (AUS)	1	01:03:42	06:01:37	03:52:50	11:03:26
44	F:18-24	2003 Victoria, Land (AUS)	1	01:01:14	05:57:41	03:59:26	11:03:53
45	F:18-24	2000 Jodie, Barker (AUS)	1	01:06:41	05:57:13	04:00:23	11:04:17
46	F:18-24	1991 Monique, Kelley (AUS)	1	01:09:14	05:49:31	04:11:41	11:10:26
47	F:18-24	2000 Rachael, Donnellan (AUS)	1	00:58:39	05:46:02	04:28:34	11:13:15
48	F:18-24	1993 Melinda K, Whiteside (AUS)	1	00:55:14	05:40:08	04:38:09	11:13:31
49	F:18-24	2007 Jacque, McKenzie (AUS)	1	00:51:48	06:07:36	04:18:19	11:17:43
50	F:18-24	1997 Kelly, Rees (USA)	1	01:05:10	06:04:13	04:09:45	11:19:08



Male 25 to 29 Years

Ironman Australia Personal Best Records Top 50

Rank	Year	Name	Races	Swim	Cycle	Run	Overall
1	M:25-29	2000 Damien, Angus (AUS)	1	00:51:04	04:49:46	03:06:49	08:47:39
2	M:25-29	1994 Steve, Cunningham (AUS)	2	00:48:04	04:56:05	03:03:33	08:47:42
3	M:25-29	1993 Chris, Southwell (AUS)	1	00:45:32	04:55:45	03:06:37	08:47:54
4	M:25-29	2002 Mitchell, Anderson (AUS)	1	00:53:28	04:48:55	03:07:07	08:49:30
5	M:25-29	2000 Scott, Green (AUS)	1	00:55:46	04:52:15	03:04:44	08:52:45
6	M:25-29	1993 Murray, Richardson (AUS)	1	00:47:35	04:46:59	03:21:06	08:55:40
7	M:25-29	2009 David, Clark (AUS)	1	00:48:01	04:59:34	03:04:23	08:55:55
8	M:25-29	1994 Johann, Lindner (AUT)	1	00:53:48	04:50:41	03:13:08	08:57:37
9	M:25-29	2009 Luke, Whitmore (AUS)	1	00:53:25	05:09:33	02:51:46	08:58:38
10	M:25-29	2004 Corey, Chapman (AUS)	1	00:50:47	04:58:13	03:09:42	08:58:42
11	M:25-29	1997 Justin, Granger (AUS)	1	00:51:50	04:57:32	03:09:34	08:58:56
12	M:25-29	1994 Juha P, Triipponen (FIN)	1	00:55:57	05:00:35	03:02:29	08:59:01
13	M:25-29	1991 Bruce, Thomas (AUS)	1	00:49:21	05:04:26	03:06:05	08:59:52
14	M:25-29	2005 Chris, Dmitrieff (AUS)	1	00:51:51	04:56:13	03:12:05	09:00:09
15	M:25-29	1997 Jochen, Ammann (DEU)	1	00:48:37	05:00:44	03:10:49	09:00:10
16	M:25-29	2000 Mark, Guy (AUS)	2	00:55:49	04:52:38	03:12:03	09:00:30
17	M:25-29	1993 Michael, Markowiak (DEU)	1	00:54:19	05:08:44	02:58:04	09:01:07
18	M:25-29	2002 Brendan, Deurloo (AUS)	1	00:53:23	04:58:09	03:09:53	09:01:25
19	M:25-29	2022 James, Martin (AUS)	1	00:55:41	05:06:13	02:55:22	09:02:28
20	M:25-29	2000 Craig, Percival (AUS)	2	00:49:56	04:50:57	03:22:05	09:02:58
21	M:25-29	2004 John, Carey (AUS)	2	00:54:15	04:54:17	03:14:37	09:03:09
22	M:25-29	2004 Phil, Giles (AUS)	1	01:06:06	04:50:22	03:07:12	09:03:40
23	M:25-29	1998 Benjamin, Weule (AUS)	1	00:53:30	04:55:41	03:14:59	09:04:10
24	M:25-29	1992 Stephen, Hemy (AUS)	1	00:54:39	05:07:36	03:02:30	09:04:45
25	M:25-29	1999 Sean, Foster (AUS)	1	00:50:05	05:06:14	03:08:52	09:05:11
26	M:25-29	1998 Adam, Deacon (AUS)	1	00:51:01	04:58:32	03:15:54	09:05:27
27	M:25-29	2007 Leigh, Chapman (AUS)	1	00:49:03	05:04:18	03:12:23	09:05:44
28	M:25-29	2014 Daniel, MacPherson (AUS)	1	00:47:25	05:05:58	03:08:28	09:05:55
29	M:25-29	2003 Will, Carroll (AUS)	1	00:47:55	05:08:23	03:07:27	09:06:05
30	M:25-29	2011 Ben, Orr (AUS)	3	00:54:24	05:06:33	03:01:44	09:07:08
31	M:25-29	1993 Laurent, Gauthier (FRA)	1	00:50:05	04:58:27	03:19:31	09:08:03
32	M:25-29	1993 Timothy, McMenamin (AUS)	1	00:48:23	04:58:17	03:21:28	09:08:08
33	M:25-29	2000 Sam, McLean (AUS)	1	00:54:05	04:54:22	03:19:54	09:08:21
34	M:25-29	2002 Gregory, MacKs (QAT)	1	00:53:35	04:57:19	03:17:29	09:08:23
35	M:25-29	2018 Johan, Borg (AUS)	1	00:55:25	05:02:26	03:05:17	09:08:24
36	M:25-29	2004 David, Criniti (AUS)	1	01:05:48	05:12:47	02:50:14	09:08:49
37	M:25-29	2003 Tully, Lyster (AUS)	1	00:53:44	05:01:10	03:10:28	09:09:04
38	M:25-29	2002 Simon, Ellis (AUS)	1	00:55:24	04:55:34	03:18:16	09:09:14
39	M:25-29	2006 Nathan, Stewart (AUS)	1	00:52:02	04:59:25	03:17:48	09:09:15
40	M:25-29	2004 Paul, Morris (AUS)	1	00:53:29	04:55:08	03:20:50	09:09:27
41	M:25-29	2004 Brett, Currie (AUS)	1	01:07:48	04:57:29	03:04:24	09:09:41
42	M:25-29	1990 John, Crimson (AUS)	1	00:53:54	05:08:26	03:07:22	09:09:42
43	M:25-29	2016 Bede, Johnston (AUS)	1	00:51:52	05:08:36	03:06:23	09:10:31
44	M:25-29	1997 Ian, Traill (AUS)	1	00:50:34	04:51:26	03:28:41	09:10:41
45	M:25-29	1993 Tim, Ellison (AUS)	1	00:54:32	04:59:21	03:17:05	09:10:58
46	M:25-29	2000 Peter, Pallister (AUS)	1	00:52:56	05:01:37	03:16:45	09:11:18
47	M:25-29	1993 Michael, Ferris (AUS)	1	00:52:03	05:10:39	03:08:54	09:11:36
48	M:25-29	1993 Michael, Wilpert (DEU)	1	00:46:39	04:50:59	03:33:58	09:11:36
49	M:25-29	2004 Nick, Gaffney (AUS)	1	00:54:12	04:54:24	03:23:23	09:11:59
50	M:25-29	2001 Bevan, Leach (AUS)	1	00:49:43	05:04:39	03:17:52	09:12:14



Female 25 to 29 Years

Ironman Australia Personal Best Records Top 50

Rank	Year	Name	Races	Swim	Cycle	Run	Overall
1	F:25-29	1995 Christina, Hauser (AUS)	1	00:57:02	05:29:19	03:27:58	09:54:19
2	F:25-29	1994 Alison, Coote (AUS)	2	00:55:54	05:28:05	03:30:55	09:54:54
3	F:25-29	1992 Lisa, Verke (USA)	1	00:55:12	05:22:26	03:37:51	09:55:29
4	F:25-29	1993 Leonie, McKenzie Hicks (AUS)	1	00:50:21	05:25:09	03:41:47	09:57:17
5	F:25-29	2000 Kate, Lyon (AUS)	1	01:02:21	05:12:19	03:44:30	09:59:10
6	F:25-29	2002 Melinda, Cockshutt (AUS)	1	00:55:11	05:28:58	03:36:51	10:01:00
7	F:25-29	2007 Sarah, Pollett (AUS)	2	00:49:05	05:45:24	03:28:13	10:02:42
8	F:25-29	2000 Robyn, Robertson (AUS)	2	01:05:51	05:18:10	03:38:57	10:02:58
9	F:25-29	2006 Prue, Oswin (AUS)	1	00:59:44	05:39:20	03:24:49	10:03:53
10	F:25-29	1994 Fran, Higgins (AUS)	1	00:55:05	05:25:48	03:48:56	10:09:49
11	F:25-29	2003 Emma, Major (AUS)	1	00:59:46	05:32:14	03:33:17	10:10:20
12	F:25-29	1999 Nicole, Budd (HKG)	1	01:00:22	05:38:44	03:31:28	10:10:34
13	F:25-29	2007 Kirsten, Molloy (AUS)	3	00:54:36	05:42:43	03:34:01	10:11:20
14	F:25-29	2001 Vicky, Voyzey (AUS)	1	00:59:06	05:33:23	03:39:02	10:11:31
15	F:25-29	2013 Michelled, Duffield (AUS)	1	00:59:52	05:36:59	03:30:23	10:12:00
16	F:25-29	1994 Lori, Bowden (CAN)	5	00:59:41	05:21:15	03:51:07	10:12:03
17	F:25-29	1993 Jocelyn, Muir (CAN)	1	00:47:32	05:41:32	03:43:08	10:12:12
18	F:25-29	2012 Rhiannon, Snipe (AUS)	1	00:59:56	05:37:23	03:30:40	10:12:14
19	F:25-29	2011 Elizabeth, Gordon (AUS)	2	00:58:08	05:35:37	03:33:31	10:12:16
20	F:25-29	1998 Melissa, Bulloch (AUS)	2	01:01:29	05:47:48	03:23:01	10:12:18
21	F:25-29	2005 Karly, Allen (AUS)	1	01:01:48	05:17:45	03:54:09	10:13:42
22	F:25-29	2011 Rebecca, Philipp (AUS)	1	01:01:22	05:33:48	03:33:37	10:14:32
23	F:25-29	1999 Ashley, Ramsay (GBR)	2	00:58:10	05:42:22	03:35:24	10:15:56
24	F:25-29	2001 Marissa, Robbins (AUS)	1	01:00:47	05:23:02	03:52:15	10:16:04
25	F:25-29	2000 Bronwyn, Adams (AUS)	1	00:54:01	05:31:28	03:53:47	10:19:16
26	F:25-29	2017 Alison, Wilson (GBR)	1	01:02:03	05:41:49	03:31:15	10:19:57
27	F:25-29	2018 Megan, Hawkins (AUS)	1	01:00:45	05:32:52	03:40:15	10:20:50
28	F:25-29	2005 Jodie, Barker (AUS)	1	01:04:28	05:40:45	03:35:49	10:21:02
29	F:25-29	1994 Monika, Walbroehl Wuester (DEU)	1	00:56:14	05:34:04	03:51:25	10:21:43
30	F:25-29	1997 Mignon, Auguszczak (AUS)	1	01:04:15	05:28:44	03:48:45	10:21:44
31	F:25-29	2009 Renee, Nicholls (AUS)	1	01:12:47	05:25:47	03:37:27	10:21:53
32	F:25-29	2012 Kacey, Willoughby (AUS)	1	01:06:35	05:36:12	03:34:16	10:22:10
33	F:25-29	2014 Lauren, Parker (AUS)	1	00:48:53	05:47:28	03:38:41	10:22:28
34	F:25-29	1993 Corinna, Haase (DEU)	1	01:02:56	05:36:30	03:43:04	10:22:30
35	F:25-29	2002 Rebecca, Coulter (AUS)	1	01:03:33	05:39:38	03:39:28	10:22:39
36	F:25-29	2009 Kristy, Craft (AUS)	1	00:59:38	05:27:37	03:51:54	10:25:21
37	F:25-29	2001 Melanie, Rassam (AUS)	3	01:12:27	05:31:20	03:41:38	10:25:25
38	F:25-29	2002 Joanne, Bennett (AUS)	2	00:59:03	05:30:39	03:56:13	10:25:55
39	F:25-29	1991 Saskia, Idema (AUS)	1	00:58:45	05:49:36	03:37:43	10:26:04
40	F:25-29	2003 Charlotte, Paul (AUS)	1	00:57:35	05:54:11	03:30:04	10:26:45
41	F:25-29	1991 Ghita, Jarlstrom (FIN)	1	00:52:25	05:45:36	03:48:56	10:26:57
42	F:25-29	2017 Kierra, Allen (AUS)	1	01:01:53	05:53:30	03:27:16	10:27:55
43	F:25-29	2002 Donna, Moore (AUS)	1	00:57:06	05:32:13	03:58:55	10:28:14
44	F:25-29	1994 Jane, Zeller (AUS)	1	01:01:59	05:44:34	03:41:55	10:28:28
45	F:25-29	2003 Dayna, Pollard (AUS)	1	00:58:03	05:45:10	03:40:52	10:29:11
46	F:25-29	1999 Lia, Skountzos (AUS)	1	00:54:25	05:56:40	03:38:10	10:29:15
47	F:25-29	1998 Jenny, McKenna (AUS)	2	01:01:33	05:33:26	03:54:46	10:29:45
48	F:25-29	1998 Barbara, Scatchard (CAN)	1	01:01:38	05:28:10	04:00:24	10:30:12
49	F:25-29	1992 Jane, Despas (AUS)	1	01:03:59	05:40:46	03:45:34	10:30:19
50	F:25-29	2003 Rebecca, Wolfe (NZL)	1	01:04:41	05:51:44	03:25:26	10:30:28



Male 30 to 34 Years

Ironman Australia Personal Best Records Top 50

Rank	Year	Name	Races	Swim	Cycle	Run	Overall
1	M:30-34	1992 Ray, Browning (USA)	1	00:47:44	04:48:13	02:55:07	08:31:04
2	M:30-34	2010 Trent, Chapman (AUS)	1	00:44:41	04:43:33	03:01:49	08:32:52
3	M:30-34	2014 Brian, Fuller (AUS)	1	00:47:14	04:53:38	02:57:36	08:43:00
4	M:30-34	2022 Nathan, Dortmann (AUS)	1	00:54:56	04:51:28	02:57:49	08:49:08
5	M:30-34	2004 Damien, Angus (AUS)	1	00:54:21	04:49:01	03:06:34	08:49:56
6	M:30-34	1994 Grant, Giles (AUS)	1	00:48:11	04:55:32	03:07:50	08:51:33
7	M:30-34	1993 David, Turner (USA)	1	00:47:18	04:55:50	03:08:32	08:51:40
8	M:30-34	2000 Scott I, Smith (AUS)	1	00:56:36	04:50:29	03:05:26	08:52:31
9	M:30-34	1993 Mark, Anderson (AUS)	1	00:45:40	04:51:26	03:17:19	08:54:25
10	M:30-34	2000 Tom, Rickards (AUS)	1	00:50:56	04:50:00	03:14:05	08:55:01
11	M:30-34	2014 Jared, Medhurst (AUS)	1	00:51:39	04:55:56	03:02:50	08:55:01
12	M:30-34	2010 Luke, Harrison (AUS)	1	00:45:44	05:03:53	03:00:07	08:55:28
13	M:30-34	1991 John, Knight (NZL)	1	00:59:00	04:53:03	03:03:30	08:55:33
14	M:30-34	2002 Darren, Franken (AUS)	1	00:53:37	04:52:28	03:09:43	08:55:48
15	M:30-34	2014 Luke, Martin (AUS)	1	00:49:44	04:56:38	03:06:23	08:56:28
16	M:30-34	1996 Murray, Richardson (AUS)	1	00:53:01	04:45:16	03:20:22	08:58:39
17	M:30-34	2000 Sean, Bruce (AUS)	1	00:53:14	04:47:32	03:20:10	09:00:56
18	M:30-34	1993 Glenn, Gorick (AUS)	1	00:45:46	04:52:01	03:24:13	09:02:00
19	M:30-34	2002 Craig, Maskiell (AUS)	1	00:49:55	04:55:58	03:16:42	09:02:35
20	M:30-34	2005 Brendan, Sharp (AUS)	1	00:58:30	04:56:38	03:07:32	09:02:40
21	M:30-34	2006 Samuel, Hume (AUS)	2	00:46:17	05:10:25	03:07:37	09:04:19
22	M:30-34	2012 Matthew, Craft (AUS)	1	00:53:56	05:02:56	03:04:18	09:04:24
23	M:30-34	2003 Gregory, MacKs (QAT)	1	00:52:52	05:00:04	03:04:34	09:04:34
24	M:30-34	2016 Jordy, Wright (AUS)	1	00:53:04	04:57:58	03:10:14	09:05:37
25	M:30-34	2002 Adam, Deacon (AUS)	1	00:53:55	05:06:42	03:05:12	09:05:49
26	M:30-34	2007 Corey, Chapman (AUS)	1	00:49:06	05:11:35	03:05:42	09:06:23
27	M:30-34	2002 Craig, Percival (AUS)	1	00:50:14	04:55:50	03:20:25	09:06:29
28	M:30-34	2005 Tully, Lyster (AUS)	1	00:54:25	04:53:33	03:18:39	09:06:37
29	M:30-34	2006 Bradley, White (AUS)	1	00:50:21	05:06:14	03:10:19	09:06:54
30	M:30-34	2003 Brendan, Deurloo (AUS)	1	00:53:34	05:02:33	03:08:34	09:07:32
31	M:30-34	1992 Tony, Southwell (AUS)	1	00:47:49	05:01:30	03:18:24	09:07:43
32	M:30-34	1993 Andreas, Meyer (DEU)	1	00:50:35	04:59:28	03:17:53	09:07:56
33	M:30-34	1994 Tom, Tindal (AUS)	1	00:51:18	04:52:54	03:24:07	09:08:19
34	M:30-34	1998 John, Percy (AUS)	1	00:53:44	04:55:46	03:18:59	09:08:29
35	M:30-34	1996 Stephen, Hemy (AUS)	1	00:53:39	05:00:31	03:14:35	09:08:45
36	M:30-34	2011 Leigh, Chapman (AUS)	1	00:49:37	05:07:32	03:08:45	09:08:45
37	M:30-34	2008 Dale, Hemley (AUS)	1	00:58:40	04:59:23	03:07:11	09:09:02
38	M:30-34	2001 Brett, Urwin (AUS)	2	00:55:16	04:58:51	03:15:12	09:09:19
39	M:30-34	1993 John, Southwell (AUS)	1	00:48:38	04:56:46	03:24:16	09:09:40
40	M:30-34	1991 Teemu, Vesala (FIN)	1	01:02:40	04:54:08	03:13:26	09:10:14
41	M:30-34	2000 Duncan, Bull (AUS)	1	00:51:03	04:49:25	03:30:17	09:10:45
42	M:30-34	2007 Geoff, Hanckel (AUS)	1	00:48:54	05:11:45	03:10:18	09:10:57
43	M:30-34	1998 Mark, Rossetto (AUS)	1	00:54:02	04:55:37	03:21:24	09:11:03
44	M:30-34	2017 Nathan, Groch (AUS)	1	00:56:05	04:55:44	03:13:52	09:11:24
45	M:30-34	2002 Brent, Lorenzen (USA)	1	00:49:49	04:56:09	03:25:31	09:11:29
46	M:30-34	2022 Bradley, Smith (AUS)	1	00:51:48	04:54:36	03:18:50	09:11:38
47	M:30-34	2002 Gregory, Cox (AUS)	1	00:48:43	05:02:40	03:20:29	09:11:52
48	M:30-34	1991 Jon, Black (USA)	1	00:51:21	05:11:33	03:09:04	09:11:58
49	M:30-34	2014 Owain, Matthews (AUS)	1	00:54:33	05:15:29	02:58:26	09:12:10
50	M:30-34	2005 Phil, Giles (AUS)	1	00:59:25	04:59:29	03:13:21	09:12:15

Female 30 to 34 Years

Ironman Australia Personal Best Records Top 50

Rank	Year	Name	Races	Swim	Cycle	Run	Overall
1	F:30-34	2000 Alison, Coote (AUS)	1	00:56:31	05:26:20	03:12:32	09:35:23
2	F:30-34	2009 Kelly, Jarrett (AUS)	1	01:00:12	05:18:01	03:15:35	09:38:52
3	F:30-34	1992 Erin, Christie (NZL)	1	00:56:04	05:22:43	03:23:22	09:42:09
4	F:30-34	2008 Melinda, Cockshutt (AUS)	2	00:59:44	05:20:46	03:23:44	09:50:02
5	F:30-34	2004 Rebecca, Coulter (AUS)	1	01:01:34	05:14:47	03:37:21	09:53:42
6	F:30-34	2001 Brigitte, Egbert (USA)	1	00:57:40	05:33:14	03:22:58	09:53:52
7	F:30-34	2004 Charlotte, Paul (AUS)	1	00:59:54	05:32:49	03:23:15	09:55:58
8	F:30-34	1992 Kim, Isherwood (HKG)	1	01:07:52	05:28:17	03:23:59	10:00:08
9	F:30-34	2018 Krystle, Hockley (AUS)	1	00:57:39	05:21:19	03:38:47	10:02:22
10	F:30-34	2004 Tessa, Waterhouse (AUS)	2	00:59:20	05:29:36	03:33:53	10:02:49
11	F:30-34	2015 Jessica, Richards (AUS)	2	01:03:21	05:11:04	03:42:38	10:04:01
12	F:30-34	2015 Meredith, Hill (AUS)	2	00:59:14	05:25:39	03:33:47	10:04:15
13	F:30-34	2004 Ali, Fitch (AUS)	2	00:54:38	05:25:24	03:44:58	10:05:00
14	F:30-34	2010 Tara, Nolan (AUS)	1	01:02:44	05:30:12	03:27:44	10:05:01
15	F:30-34	1991 Renee, Goldhirsh (USA)	1	00:49:37	05:28:42	03:47:44	10:06:03
16	F:30-34	2015 Kacey, Willoughby (AUS)	3	00:58:18	05:36:31	03:27:56	10:06:35
17	F:30-34	2001 Narelle, Coutts (AUS)	2	00:59:43	05:25:09	03:41:54	10:06:46
18	F:30-34	2001 Marita, Daniell (AUS)	1	01:07:26	05:33:14	03:26:59	10:07:39
19	F:30-34	2016 Sian, Reece (AUS)	1	01:02:42	05:32:42	03:27:51	10:07:40
20	F:30-34	2011 Rebecca A, Hoschke (AUS)	1	01:01:42	05:24:08	03:36:59	10:07:57
21	F:30-34	2014 Kate, Warren (AUS)	1	00:51:50	05:38:04	03:33:05	10:08:03
22	F:30-34	2009 Kirsten, Molloy (AUS)	1	00:52:27	05:39:38	03:31:06	10:08:09
23	F:30-34	1997 Michelle, Myers (AUS)	1	01:00:17	05:26:00	03:42:44	10:09:01
24	F:30-34	2001 Sharon, Allen (AUS)	1	00:59:29	05:35:04	03:35:37	10:10:10
25	F:30-34	2004 Sarah, Saunders (AUS)	1	00:57:59	05:27:47	03:45:52	10:11:38
26	F:30-34	2012 Kathleen, Bouchier (AUS)	1	00:58:35	05:42:50	03:26:41	10:11:57
27	F:30-34	2002 Tina, Eakin (USA)	1	01:18:20	05:21:49	03:32:26	10:12:35
28	F:30-34	2009 Jodie, Scott (AUS)	1	00:53:36	05:33:11	03:40:56	10:13:05
29	F:30-34	2012 Erika, Ellis (NCL)	1	01:11:20	05:27:01	03:30:41	10:13:09
30	F:30-34	2014 Jennifer, Davis (AUS)	1	00:58:06	05:42:49	03:28:00	10:13:21
31	F:30-34	2012 Kristy, Craft (AUS)	1	01:02:04	05:24:09	03:44:01	10:14:21
32	F:30-34	2022 Katie, Remond (AUS)	1	01:07:03	05:44:31	03:19:19	10:16:51
33	F:30-34	2016 Renee, Kiley (AUS)	1	00:57:36	05:28:51	03:45:33	10:18:28
34	F:30-34	2017 Lectie, Altman (USA)	1	00:52:42	05:48:49	03:31:02	10:19:13
35	F:30-34	2001 Nicole, Foley (AUS)	1	00:59:34	05:41:22	03:39:44	10:20:40
36	F:30-34	2022 Sally, Wood (AUS)	1	00:54:03	05:29:03	03:51:28	10:21:06
37	F:30-34	2015 Jennifer, Zenker (AUS)	1	00:50:07	05:30:46	03:56:13	10:21:24
38	F:30-34	1994 Sally, Murray (AUS)	1	01:05:55	05:31:36	03:43:59	10:21:30
39	F:30-34	2015 Fiona, Coyle (USA)	1	00:56:47	05:33:29	03:45:23	10:21:30
40	F:30-34	1990 Sally, Belyea (AUS)	1	00:49:12	05:46:16	03:46:44	10:22:12
41	F:30-34	2018 Katherine, Sutton (AUS)	1	01:00:00	05:24:12	03:52:52	10:22:25
42	F:30-34	2016 Alison, Catto (AUS)	1	00:57:55	05:52:27	03:27:16	10:22:47
43	F:30-34	2005 Stephanie, Yeung (AUS)	1	01:07:14	05:33:35	03:42:54	10:23:43
44	F:30-34	1999 Natalie, Moller (AUS)	1	01:03:07	05:31:15	03:49:38	10:24:00
45	F:30-34	2007 Nicole, Ward (AUS)	1	00:55:06	05:52:15	03:36:59	10:24:20
46	F:30-34	2012 Beate, Born (DEU)	1	01:09:03	05:32:08	03:35:48	10:24:20
47	F:30-34	2003 Elizabeth, Keen (AUS)	1	01:01:34	05:33:56	03:43:08	10:24:28
48	F:30-34	1991 Kerrie, Scotcher (AUS)	1	01:00:37	05:47:41	03:37:05	10:25:23
49	F:30-34	2000 Kerry, Palmer (AUS)	1	01:00:36	05:35:24	03:50:07	10:26:07
50	F:30-34	2015 Shannon, Proffit (AUS)	1	00:53:29	05:40:45	03:47:54	10:26:23

Male 35 to 39 Years

Ironman Australia Personal Best Records Top 50

Rank	Year	Name	Races	Swim	Cycle	Run	Overall
1	M:35-39	2022 Matt, Jackson (AUS)	1	00:54:32	04:51:28	02:47:46	08:38:22
2	M:35-39	2022 Rhys, Lawler (AUS)	2	00:59:24	04:41:33	02:52:52	08:39:09
3	M:35-39	2014 Trent, Chapman (AUS)	1	00:46:11	05:03:11	03:03:19	08:55:34
4	M:35-39	1997 Stefan, Loew (DEU)	1	00:54:52	05:01:05	02:59:56	08:55:53
5	M:35-39	2022 Georg, Fellner (AUS)	1	01:02:48	04:44:44	03:03:36	08:56:14
6	M:35-39	2011 Mitchell, Anderson (AUS)	1	00:50:14	04:40:42	03:22:32	08:56:15
7	M:35-39	2004 Steve, Pratt (AUS)	1	00:53:30	05:02:50	03:02:16	08:58:36
8	M:35-39	2019 Ryan, Miller (AUS)	3	00:54:48	04:57:27	03:03:20	08:59:57
9	M:35-39	2018 Peter, Marshman (AUS)	1	00:57:53	04:56:36	03:00:53	09:00:01
10	M:35-39	2014 Steve, Eccleston (AUS)	1	00:52:25	05:04:11	03:00:02	09:01:42
11	M:35-39	2012 Ben, Bell (AUS)	2	00:54:20	05:09:50	02:56:27	09:03:05
12	M:35-39	2010 Damien, Angus (AUS)	2	00:51:17	04:52:10	03:16:58	09:04:21
13	M:35-39	2000 Glenn, Gorick (AUS)	2	00:52:06	04:55:41	03:17:10	09:04:57
14	M:35-39	2003 Allan, Jefferson (AUS)	3	00:57:14	04:56:44	03:09:41	09:06:37
15	M:35-39	2001 Chris, Southwell (AUS)	1	00:49:43	05:04:38	03:13:16	09:07:37
16	M:35-39	2009 Nick, Burt (AUS)	1	00:55:45	05:00:53	03:07:39	09:08:14
17	M:35-39	1994 Peter, McLennan (AUS)	1	00:55:00	04:59:20	03:14:24	09:08:44
18	M:35-39	2016 Alexander, Price (AUS)	1	00:52:07	04:52:32	03:20:49	09:09:37
19	M:35-39	2018 Luke, Whitmore (AUS)	1	00:52:17	05:06:17	03:06:34	09:09:42
20	M:35-39	2005 Mark, Rossetto (AUS)	1	00:51:53	05:06:34	03:11:24	09:09:51
21	M:35-39	2012 Bob, Brace (AUS)	1	00:54:42	05:01:54	03:10:24	09:09:57
22	M:35-39	2017 Paul, Davies (AUS)	1	00:58:01	04:53:01	03:14:18	09:10:46
23	M:35-39	2006 Sean, Bruce (AUS)	1	00:52:34	05:04:10	03:14:27	09:11:11
24	M:35-39	1995 Mark, Sinclair (AUS)	1	00:59:04	05:06:56	03:05:42	09:11:42
25	M:35-39	2017 Barry, Oelofsen (AUS)	1	00:52:18	04:57:04	03:16:36	09:11:44
26	M:35-39	2000 Carmine, Soriano (AUS)	3	00:55:18	04:53:16	03:23:15	09:11:49
27	M:35-39	2010 Corey, Chapman (AUS)	2	00:46:17	05:09:22	03:11:28	09:11:53
28	M:35-39	1994 Hans, Gehrig (CHE)	1	00:57:17	04:57:19	03:17:54	09:12:30
29	M:35-39	2007 Stephane, Lacroix (NCL)	1	00:52:20	05:08:32	03:11:40	09:12:32
30	M:35-39	2022 Jacob, Riley (AUS)	2	01:05:48	04:46:54	03:14:49	09:12:57
31	M:35-39	2009 Simon, Finch (GBR)	1	00:51:41	05:04:00	03:10:06	09:13:04
32	M:35-39	2010 John, Siede (AUS)	1	00:55:04	05:05:40	03:08:24	09:13:52
33	M:35-39	2008 Stephen, Gage (AUS)	2	00:54:23	05:03:37	03:12:21	09:14:02
34	M:35-39	2016 Adam, Williams (AUS)	1	00:53:19	04:53:58	03:23:29	09:14:59
35	M:35-39	2015 Scott, Ashcroft (AUS)	1	00:50:57	05:04:41	03:15:02	09:15:17
36	M:35-39	2001 Scott, McVilly (AUS)	1	00:52:30	05:01:48	03:21:29	09:15:47
37	M:35-39	1999 David, Davies (AUS)	1	01:01:30	04:58:19	03:16:49	09:16:38
38	M:35-39	1992 Gregory, Taylor (USA)	1	00:55:50	05:03:37	03:17:36	09:17:03
39	M:35-39	2001 Romano, Bernhard (AUS)	1	00:59:55	05:00:00	03:17:31	09:17:26
40	M:35-39	2006 David, McDonald (AUS)	1	00:50:23	05:00:26	03:26:52	09:17:41
41	M:35-39	2019 Josh, Bignell (AUS)	1	00:55:08	05:06:40	03:12:12	09:18:13
42	M:35-39	2016 Matthew, Isbister (AUS)	1	00:52:31	05:00:59	03:17:42	09:18:27
43	M:35-39	2009 Bruce, Thiele (AUS)	1	00:56:03	04:59:02	03:17:29	09:18:39
44	M:35-39	2015 James, Ogilvie (AUS)	1	00:59:11	04:54:30	03:19:40	09:18:56
45	M:35-39	2008 Matthew, Wolstencroft (AUS)	1	00:54:03	04:58:03	03:21:24	09:18:56
46	M:35-39	2013 Paul G, O'Brien (AUS)	1	00:48:58	05:12:18	03:13:11	09:19:23
47	M:35-39	2002 Greg, Rule (AUS)	1	00:52:47	04:58:39	03:27:59	09:19:25
48	M:35-39	2009 Ethan, Clark (AUS)	1	00:57:41	04:58:57	03:19:10	09:19:28
49	M:35-39	2008 Sean, Foster (AUS)	1	00:55:39	05:01:12	03:18:08	09:19:38
50	M:35-39	1999 Stephen, Hemy (AUS)	1	00:54:17	05:22:57	03:02:47	09:20:01

Female 35 to 39 Years

Ironman Australia Personal Best Records Top 50

Rank	Year	Name	Races	Swim	Cycle	Run	Overall
1	F:35-39	2013 Jessica, Fleming (AUS)	1	01:00:28	05:15:54	03:30:20	09:50:45
2	F:35-39	1992 Sharlene, Ryan (NZL)	1	00:59:27	05:23:42	03:36:50	09:59:59
3	F:35-39	1997 Julie, Moss (USA)	1	00:55:36	05:33:33	03:31:04	10:00:13
4	F:35-39	2022 Nicola, Wadey (AUS)	1	01:00:26	05:29:59	03:30:03	10:08:11
5	F:35-39	2012 Kym, Jaenke (AUS)	1	00:54:21	05:38:37	03:30:09	10:08:20
6	F:35-39	2018 Jane, Fardell (AUS)	1	00:56:55	05:31:10	03:35:37	10:09:21
7	F:35-39	2001 Julie, Foster (AUS)	1	01:03:52	05:37:38	03:30:36	10:12:06
8	F:35-39	1997 Teresa, Rider (AUS)	3	01:12:18	05:26:54	03:33:30	10:12:42
9	F:35-39	2015 Michelle, Milot (AUS)	1	01:00:25	05:42:50	03:22:40	10:12:43
10	F:35-39	2019 Andrea, Maloney (AUS)	1	00:54:51	05:19:01	03:52:34	10:12:55
11	F:35-39	2004 Angela, Clarke (AUS)	2	00:58:34	05:35:59	03:39:11	10:13:44
12	F:35-39	2001 Kerry, Palmer (AUS)	2	01:01:22	05:37:03	03:36:09	10:14:34
13	F:35-39	2019 Diana, Simpson (NZL)	1	00:54:06	05:43:37	03:31:43	10:15:07
14	F:35-39	2015 Catherine, Thiele (AUS)	2	00:57:35	05:36:45	03:38:11	10:17:27
15	F:35-39	2001 Tani, Ruckle (AUS)	1	01:18:55	05:26:20	03:33:22	10:18:37
16	F:35-39	1991 Ruth, Hunt (HKG)	1	00:56:16	05:45:42	03:38:09	10:20:07
17	F:35-39	1992 Belinda, Soszyn (AUS)	2	00:54:00	06:04:35	03:21:38	10:20:13
18	F:35-39	1994 Anne, Talvenheimo (FIN)	1	01:02:05	05:28:48	03:49:58	10:20:51
19	F:35-39	2005 Susan, Jelley (AUS)	1	01:02:57	05:48:31	03:31:19	10:22:47
20	F:35-39	2010 Victoria, Wilkinson (GBR)	1	00:58:06	05:30:47	03:50:34	10:23:51
21	F:35-39	2016 Jennie, Sturm (AUS)	1	01:00:24	05:34:53	03:44:09	10:23:54
22	F:35-39	2019 Taryn, Axelsen (AUS)	1	01:02:56	05:44:40	03:29:56	10:24:45
23	F:35-39	2001 Terri, Budge (AUS)	1	01:02:47	05:33:25	03:49:20	10:25:32
24	F:35-39	2009 Michelle, Boyes (AUS)	1	01:09:57	05:23:00	03:48:37	10:26:10
25	F:35-39	2003 Narelle, Coutts (AUS)	1	00:59:15	05:42:07	03:43:30	10:28:32
26	F:35-39	2004 Leanne, Southwell (AUS)	1	00:57:36	05:57:55	03:33:38	10:29:09
27	F:35-39	2009 Kristy, Hallett (AUS)	2	01:10:17	05:41:33	03:30:42	10:29:16
28	F:35-39	2013 Tarryn, Whitmore (AUS)	2	01:00:04	05:41:25	03:42:35	10:29:24
29	F:35-39	1990 Jenny, Bonnett (AUS)	1	01:05:05	05:42:19	03:42:49	10:30:13
30	F:35-39	2001 Jane, Esahak Gage (USA)	1	00:52:36	05:40:04	03:58:02	10:30:42
31	F:35-39	1993 Theresa, Martin (AUS)	1	00:55:28	06:02:08	03:34:18	10:31:54
32	F:35-39	2022 Laura, Cameron (AUS)	1	01:15:20	05:25:52	03:44:07	10:32:31
33	F:35-39	2016 Sophie, Fallon (AUS)	1	00:56:13	05:53:14	03:38:01	10:32:43
34	F:35-39	2014 Pernilla, Linden (AUS)	1	01:04:57	05:37:11	03:46:10	10:33:10
35	F:35-39	2010 Carly, Phillpotts (AUS)	1	01:04:29	05:36:07	03:47:30	10:34:28
36	F:35-39	2013 Erika, Ellis (NCL)	1	01:19:10	05:38:47	03:34:01	10:37:10
37	F:35-39	2007 Susan, Langley (AUS)	1	01:04:50	05:53:04	03:39:30	10:37:24
38	F:35-39	2008 Tessa, Waterhouse (AUS)	1	00:59:35	05:44:49	03:46:59	10:37:28
39	F:35-39	2002 Amanda, Murtagh (AUS)	2	01:07:07	05:53:50	03:36:49	10:37:46
40	F:35-39	2012 Allison, Ferry (AUS)	1	01:03:51	05:36:00	03:54:59	10:38:38
41	F:35-39	2002 Melinda, Mentha (AUS)	1	00:53:31	05:40:22	04:05:17	10:39:10
42	F:35-39	2016 Lilian, Molesworth (AUS)	1	01:09:56	05:51:37	03:36:41	10:42:25
43	F:35-39	2019 Leah, Fitzgerald (AUS)	1	01:08:19	06:11:08	03:14:21	10:42:30
44	F:35-39	2001 Jane, Demeral (AUS)	1	01:02:48	05:45:08	03:55:20	10:43:16
45	F:35-39	2013 Emma, Brown ()	1	01:14:04	05:47:37	03:37:23	10:43:31
46	F:35-39	2011 Mia, Cottrell Dormer (AUS)	1	01:01:22	05:48:29	03:46:21	10:43:36
47	F:35-39	2014 Kirsty, Shaw (AUS)	1	01:01:56	05:55:31	03:39:02	10:44:31
48	F:35-39	2005 Joanne, Parlevliet (AUS)	1	01:11:35	05:46:37	03:46:22	10:44:34
49	F:35-39	2000 Mandy, Caldwell (AUS)	1	00:53:59	05:50:03	04:00:41	10:44:43
50	F:35-39	1997 Amanda, McIntyre (AUS)	1	01:03:28	05:57:37	03:43:43	10:44:48



Male 40 to 44 Years

Ironman Australia Personal Best Records Top 50

Rank	Year	Name	Races	Swim	Cycle	Run	Overall
1	M:40-44	2018 Ben, Bell (AUS)	4	00:53:22	05:04:35	02:57:06	08:58:29
2	M:40-44	2014 Nick, Burt (AUS)	2	00:51:57	05:09:44	02:54:57	09:00:29
3	M:40-44	2004 Chris, Southwell (AUS)	1	00:53:52	04:54:51	03:14:10	09:02:53
4	M:40-44	2005 Carmine, Soriano (AUS)	1	00:54:24	04:57:41	03:11:25	09:03:30
5	M:40-44	2022 Steve, Ledger (AUS)	1	01:05:15	04:40:12	03:11:48	09:04:28
6	M:40-44	2000 Steve, Bentley (AUS)	1	00:58:16	04:48:53	03:18:17	09:05:26
7	M:40-44	2000 Peter, Richards (AUS)	1	00:59:34	04:56:58	03:09:00	09:05:32
8	M:40-44	2022 Jay, Thomas (AUS)	1	00:55:12	04:58:10	03:09:02	09:06:08
9	M:40-44	2009 Shane, Johnson (AUS)	1	00:51:37	05:03:52	03:07:24	09:06:23
10	M:40-44	2008 Kevin, Cutjar (CAN)	1	00:55:35	05:02:21	03:05:34	09:06:50
11	M:40-44	2013 David, Meade (AUS)	1	00:54:42	05:00:16	03:10:25	09:09:23
12	M:40-44	2012 Paul, Dodd (AUS)	1	00:52:44	05:01:19	03:13:18	09:11:05
13	M:40-44	2001 David, Collins (AUS)	1	00:59:57	04:51:36	03:20:59	09:12:32
14	M:40-44	2010 Mark, Ariens (AUS)	2	00:49:39	05:03:12	03:15:48	09:12:51
15	M:40-44	1997 Michael, Tagell (AUS)	4	00:59:24	05:00:31	03:13:17	09:13:12
16	M:40-44	1996 Ken, Uren (AUS)	1	00:58:16	05:00:22	03:15:07	09:13:45
17	M:40-44	1993 Kevin, Hill (AUS)	1	00:54:22	05:06:54	03:12:38	09:13:54
18	M:40-44	1998 Peter, McLennan (AUS)	2	00:53:33	04:59:34	03:20:56	09:14:03
19	M:40-44	2012 Tony, Daley (AUS)	1	00:59:32	05:14:25	02:54:18	09:14:24
20	M:40-44	1993 Kalli, Nottrudt (DEU)	1	00:47:20	05:08:19	03:19:46	09:15:25
21	M:40-44	2018 Stephane, Vander Bruggen (AUS)	1	00:52:10	05:08:53	03:11:44	09:17:14
22	M:40-44	2010 Darren, Franken (AUS)	1	00:52:32	04:57:20	03:23:24	09:17:28
23	M:40-44	2022 James, Viles (AUS)	1	01:07:36	05:12:23	02:53:12	09:17:43
24	M:40-44	2019 Michael, Whitehouse (AUS)	1	00:53:47	05:08:16	03:10:26	09:18:24
25	M:40-44	2010 Matthew, Koorey (AUS)	1	00:49:36	05:05:07	03:20:42	09:19:16
26	M:40-44	2013 Aaron, Richardson (AUS)	1	00:55:31	05:07:31	03:12:54	09:19:51
27	M:40-44	2010 Craig, Sweeney (AUS)	1	00:48:55	05:00:25	03:25:35	09:20:15
28	M:40-44	2004 Mark, Anderson (AUS)	1	00:53:21	05:03:13	03:23:55	09:20:29
29	M:40-44	2019 Nathan, Jackson (AUS)	1	00:54:02	05:02:51	03:18:32	09:20:45
30	M:40-44	2005 Dave, Boyes (AUS)	2	00:58:24	05:00:45	03:22:15	09:21:24
31	M:40-44	2015 Eduardo, Sturla (ARG)	1	00:50:38	05:03:25	03:22:54	09:21:29
32	M:40-44	2008 Romano, Bernhard (AUS)	1	00:59:45	05:00:10	03:17:33	09:22:21
33	M:40-44	2016 Rob, Johnston (AUS)	1	00:49:06	05:05:13	03:23:58	09:22:44
34	M:40-44	2009 Brett, Dunstan (AUS)	1	01:03:52	05:07:37	03:04:54	09:22:50
35	M:40-44	2019 Daniel, Beby (AUS)	1	00:54:54	05:12:21	03:10:26	09:22:55
36	M:40-44	2022 Craig, Robinson (AUS)	1	01:01:29	05:00:40	03:15:10	09:23:33
37	M:40-44	2002 John, Guerin (AUS)	2	01:04:49	05:02:32	03:16:21	09:23:42
38	M:40-44	2012 Marcus, Smith (AUS)	1	00:57:54	05:05:30	03:16:33	09:23:59
39	M:40-44	2015 Peter, Yapp (AUS)	1	00:52:17	05:04:30	03:22:07	09:24:11
40	M:40-44	2004 Rob, Zwierlein (AUS)	1	00:57:27	04:59:05	03:28:16	09:24:48
41	M:40-44	2019 Sam, Dowthwaite (AUS)	1	00:56:16	05:04:08	03:19:10	09:25:13
42	M:40-44	2000 Steve, Hogg (AUS)	1	00:54:03	05:08:36	03:23:25	09:26:04
43	M:40-44	2018 Ben, Meadows (AUS)	1	00:58:32	04:56:56	03:25:53	09:26:42
44	M:40-44	2019 Adam, Williams (AUS)	1	00:53:36	04:55:18	03:31:44	09:26:43
45	M:40-44	2014 Sam, McLean (AUS)	1	00:55:23	05:13:06	03:11:32	09:27:01
46	M:40-44	2011 Matt, Lewis (AUS)	1	01:03:01	04:59:33	03:20:27	09:27:08
47	M:40-44	2005 Allan, Wallace (AUS)	1	00:58:28	05:10:18	03:18:25	09:27:11
48	M:40-44	1998 John W, Hill (AUS)	1	01:00:29	04:58:44	03:29:05	09:28:18
49	M:40-44	2015 Travis, Hickman (AUS)	1	01:00:04	05:05:18	03:18:26	09:28:36
50	M:40-44	2010 Luke, Littler (AUS)	1	00:49:42	05:07:08	03:27:59	09:28:52

Female 40 to 44 Years

Ironman Australia Personal Best Records Top 50

Rank	Year	Name	Races	Swim	Cycle	Run	Overall
1	F:40-44	2009 Leanne, Southwell (AUS)	3	00:52:49	05:29:23	03:37:21	10:03:44
2	F:40-44	2016 Rosie, McGeoch (AUS)	1	00:55:59	05:26:55	03:38:37	10:06:05
3	F:40-44	2022 Kelly, Miller (AUS)	2	01:03:08	05:29:15	03:32:42	10:10:45
4	F:40-44	2003 Teresa, Rider (AUS)	3	01:11:44	05:35:27	03:21:36	10:14:28
5	F:40-44	2014 Julie, Hunziker (AUS)	1	01:05:22	05:50:39	03:17:37	10:19:17
6	F:40-44	1997 Jo A, Danne (AUS)	2	00:57:56	05:29:42	03:52:38	10:20:16
7	F:40-44	2004 Robyn, McGeary (AUS)	1	01:07:11	05:26:32	03:47:15	10:20:58
8	F:40-44	2005 Jeannie, Fry (GBR)	2	01:07:29	05:38:50	03:34:57	10:21:16
9	F:40-44	2019 Jodie, Browning (AUS)	1	00:54:20	05:36:49	03:48:19	10:25:24
10	F:40-44	2009 Melissa, Bulloch (AUS)	1	01:10:29	05:54:05	03:14:58	10:25:28
11	F:40-44	1997 Kerrie, Carroll (AUS)	2	01:02:07	05:40:28	03:46:58	10:29:33
12	F:40-44	2008 Angela, Clarke (AUS)	3	01:00:20	05:47:33	03:37:59	10:31:23
13	F:40-44	2015 Allison, Wright (AUS)	2	00:55:35	05:55:37	03:33:19	10:31:29
14	F:40-44	2007 Solveig, Gysland (OMN)	1	01:04:13	05:53:16	03:37:04	10:34:33
15	F:40-44	2012 Carolyn, Dews (AUS)	1	01:02:30	05:43:25	03:44:14	10:35:37
16	F:40-44	2002 Jane, Esahak Gage (USA)	1	00:53:26	05:50:11	03:53:31	10:37:08
17	F:40-44	2001 Sharon, Lane (AUS)	1	01:06:00	05:49:20	03:41:49	10:37:09
18	F:40-44	1997 Susan, Pryer (AUS)	1	01:02:54	05:56:10	03:39:48	10:38:52
19	F:40-44	2002 Barbara, Prince (AUS)	1	01:11:24	05:54:28	03:33:09	10:39:01
20	F:40-44	2019 Rachel, Eagles (AUS)	1	01:05:57	05:34:16	03:53:26	10:39:44
21	F:40-44	2010 Angela, Milne (AUS)	1	00:53:03	05:22:22	04:19:09	10:41:14
22	F:40-44	2012 Terri A, Box (AUS)	1	01:05:40	05:49:17	03:39:35	10:41:28
23	F:40-44	2001 Janet M, McAfee (AUS)	3	01:12:05	05:49:38	03:40:12	10:41:55
24	F:40-44	2004 Melinda, Mentha (AUS)	1	00:54:20	05:35:06	04:13:37	10:43:03
25	F:40-44	2005 Julie, Foster (AUS)	1	01:06:22	05:44:51	03:52:19	10:43:32
26	F:40-44	2013 Susan, Lloyd Webb (AUS)	1	01:06:38	05:36:08	03:55:58	10:44:56
27	F:40-44	2014 Jo, McLaughlin (AUS)	1	01:14:12	05:50:05	03:32:27	10:45:55
28	F:40-44	2002 Elizabeth, Edmonds (AUS)	1	01:10:24	06:02:32	03:33:02	10:45:58
29	F:40-44	2005 Louise, McNulty (AUS)	2	00:59:27	05:33:55	04:12:55	10:46:17
30	F:40-44	2014 Kate, Dukes (AUS)	1	00:54:55	05:50:02	03:55:03	10:46:35
31	F:40-44	2022 Nolene, Byrne (AUS)	2	01:05:37	05:41:07	03:52:44	10:47:16
32	F:40-44	2006 Tracy, Singleton (AUS)	1	00:50:25	05:46:03	04:10:58	10:47:26
33	F:40-44	1997 Lynda, Walton (AUS)	1	01:16:14	05:56:07	03:36:13	10:48:34
34	F:40-44	2015 Emma, Brown ()	1	01:06:40	05:44:03	03:53:03	10:48:57
35	F:40-44	2005 Virginia, Forbes (AUS)	1	00:56:35	05:48:48	04:03:50	10:49:13
36	F:40-44	2007 Linda, Oconnor (AUS)	1	01:02:47	05:50:08	03:56:50	10:49:45
37	F:40-44	2015 Ntasha, Gerebtzoff (AUS)	1	01:01:31	05:46:28	03:56:33	10:50:55
38	F:40-44	2014 Belinda, Seccombe (AUS)	1	01:04:23	05:42:00	04:00:54	10:51:21
39	F:40-44	2012 Sarah, Walker (NZL)	1	01:03:42	05:34:00	04:10:40	10:52:39
40	F:40-44	2007 Jo, Rowell (AUS)	1	01:04:20	05:53:24	03:55:54	10:53:38
41	F:40-44	2016 Zoe, Ferguson (AUS)	1	00:58:32	05:50:44	03:59:08	10:54:32
42	F:40-44	2013 Lisa, Fletcher Hepburn (AUS)	1	01:11:20	05:30:40	04:03:41	10:55:07
43	F:40-44	1999 Cathy, Dunworth (AUS)	1	00:58:21	05:54:51	04:02:53	10:56:05
44	F:40-44	2014 Lia, Skountzos (AUS)	2	00:53:38	06:17:51	03:38:59	10:56:22
45	F:40-44	2013 Nicole, Nugara (AUS)	1	00:56:52	05:37:50	04:14:36	10:56:41
46	F:40-44	2015 Anne, Musk (AUS)	1	01:09:10	06:01:35	03:37:32	10:57:25
47	F:40-44	2022 Vicky, Van Niekerk (AUS)	1	01:11:43	05:47:16	03:50:14	10:57:32
48	F:40-44	2017 Melissa, Geddes (AUS)	1	01:10:41	05:48:56	03:48:30	10:57:43
49	F:40-44	2019 Rachel, Cleary (AUS)	1	01:01:40	05:55:06	03:54:31	10:59:33
50	F:40-44	2014 Vanessa, Parry Williams (AUS)	1	01:02:00	06:13:53	03:35:08	11:00:03

Male 45 to 49 Years

Ironman Australia Personal Best Records Top 50

Rank	Year	Name	Races	Swim	Cycle	Run	Overall
1	M:45-49	2022 Adam, Williams (AUS)	1	00:57:56	04:45:45	03:22:15	09:13:04
2	M:45-49	2019 Nathan, Taylor (AUS)	2	00:51:28	04:56:42	03:21:13	09:13:16
3	M:45-49	2002 Michael, Tagell (AUS)	4	01:03:37	04:59:49	03:10:15	09:13:41
4	M:45-49	2004 Kevin, Fergusson (AUS)	2	00:56:15	04:59:19	03:19:42	09:15:16
5	M:45-49	1993 Griffiths, Weste (AUS)	2	00:54:05	04:59:02	03:25:48	09:18:55
6	M:45-49	2011 Chris, Southwell (AUS)	1	00:49:16	04:58:53	03:29:52	09:22:21
7	M:45-49	1992 Bob, Telfer (AUS)	3	01:00:01	05:10:20	03:12:45	09:23:06
8	M:45-49	2019 John, Hughes (AUS)	2	01:00:20	05:07:26	03:10:12	09:23:14
9	M:45-49	2019 Trent, Harlow (AUS)	1	01:03:15	05:11:06	03:00:26	09:23:24
10	M:45-49	2013 Kevin, Cutjar (CAN)	1	00:57:02	05:20:20	03:04:53	09:25:41
11	M:45-49	2019 Rowan, Walker (AUS)	2	01:02:27	05:18:41	02:59:13	09:26:05
12	M:45-49	2009 Toby, Somerville (AUS)	4	01:02:21	05:10:22	03:09:29	09:26:38
13	M:45-49	2000 Bill, Goodwin (AUS)	1	00:59:19	04:48:31	03:38:52	09:26:42
14	M:45-49	2016 Brett, Dunstan (AUS)	1	01:03:58	05:13:36	03:05:15	09:27:37
15	M:45-49	2009 Andrew, Wood (AUS)	1	01:02:04	04:59:30	03:22:05	09:28:39
16	M:45-49	2015 Matty, Harris (AUS)	1	00:49:36	05:12:00	03:23:17	09:29:00
17	M:45-49	2008 Dave, Boyes (AUS)	2	01:05:32	05:09:04	03:09:14	09:29:14
18	M:45-49	2015 Craig, McGuigan (AUS)	3	00:50:32	05:09:37	03:26:28	09:30:08
19	M:45-49	2016 Peter, Yapp (AUS)	1	00:52:47	05:12:36	03:20:24	09:30:22
20	M:45-49	2016 Wes, Thompson (AUS)	1	00:58:39	05:03:13	03:27:03	09:32:52
21	M:45-49	2009 Stephen, Hemy (AUS)	2	00:52:34	05:18:38	03:15:57	09:33:14
22	M:45-49	2015 Richard, Sewell (AUS)	1	00:54:17	05:16:56	03:18:27	09:36:21
23	M:45-49	2011 Sean, Bruce (AUS)	1	00:52:51	05:10:32	03:30:13	09:36:55
24	M:45-49	2017 Brad, Pamp (AUS)	1	00:54:21	05:11:51	03:24:16	09:36:58
25	M:45-49	2022 Cameron, Arnold (AUS)	1	01:12:41	05:10:11	03:10:51	09:38:16
26	M:45-49	2005 John W, Hill (AUS)	3	01:02:50	05:05:52	03:29:51	09:38:33
27	M:45-49	2019 Robert, Shield (AUS)	1	00:54:23	05:20:30	03:18:47	09:39:20
28	M:45-49	1995 Ewen, Phyland (AUS)	3	01:09:01	05:04:48	03:26:11	09:40:00
29	M:45-49	2000 Will, Hersbach (AUS)	2	00:58:28	05:18:39	03:22:54	09:40:01
30	M:45-49	2012 Dominic, Molluso (AUS)	1	00:57:33	05:11:23	03:26:19	09:40:50
31	M:45-49	2014 Matthew, Koorey (AUS)	1	00:52:08	05:21:27	03:23:49	09:41:28
32	M:45-49	2014 Rob, Andrews (AUS)	1	00:56:15	05:13:59	03:26:00	09:41:38
33	M:45-49	2007 Patrick, Anewy (NCL)	1	00:55:08	05:17:44	03:29:26	09:42:18
34	M:45-49	2005 Frankie, Scarce (AUS)	1	01:05:00	05:08:47	03:29:07	09:42:54
35	M:45-49	2019 Todd, Hawkins (USA)	1	00:51:03	05:12:05	03:33:34	09:43:04
36	M:45-49	2008 John, Mergler (AUS)	1	01:02:02	05:16:34	03:18:51	09:43:10
37	M:45-49	2000 Juan, Arrasate (CHL)	1	01:04:17	05:11:55	03:28:16	09:44:28
38	M:45-49	1997 George, Hilgeholt (NZL)	1	00:54:51	05:19:27	03:30:50	09:45:08
39	M:45-49	2001 Kevin, Moats (USA)	1	00:56:15	05:06:51	03:42:06	09:45:12
40	M:45-49	2014 Peter, Clark (AUS)	1	00:58:28	05:23:08	03:16:30	09:45:13
41	M:45-49	1994 Hansjorg, Fassler (CHE)	1	01:12:09	05:08:50	03:24:32	09:45:31
42	M:45-49	2000 David, McCormack (AUS)	2	01:05:56	05:20:28	03:20:17	09:46:41
43	M:45-49	2022 Nicholas, Gill (NZL)	1	01:01:59	05:08:06	03:31:29	09:47:16
44	M:45-49	1998 Alex, Newburn (NZL)	1	00:57:20	05:22:52	03:27:04	09:47:16
45	M:45-49	2008 Tony, Southwell (AUS)	1	00:54:14	05:21:59	03:26:32	09:47:17
46	M:45-49	2019 Damian, Gillard (AUS)	1	00:54:35	05:23:34	03:24:08	09:47:29
47	M:45-49	2009 Scott, Budd (AUS)	1	00:53:30	05:12:21	03:35:24	09:47:32
48	M:45-49	2001 John, Wilken (AUS)	1	00:52:39	05:18:51	03:36:12	09:47:42
49	M:45-49	2012 Trevor, Buchanan (AUS)	1	01:08:17	05:10:29	03:25:03	09:48:02
50	M:45-49	2017 Marcus, Smith (AUS)	1	00:59:37	05:10:11	03:33:33	09:49:16

Female 45 to 49 Years

Ironman Australia Personal Best Records Top 50

Rank	Year	Name	Races	Swim	Cycle	Run	Overall
1	F:45-49	2000 Jo A, Danne (AUS)	3	00:57:22	05:28:22	03:58:40	10:24:24
2	F:45-49	2012 Angela, Clarke (AUS)	4	00:58:15	05:49:20	03:36:03	10:27:55
3	F:45-49	2017 Kathryn, Golding (AUS)	2	01:05:07	05:34:11	03:47:28	10:34:36
4	F:45-49	2019 Rebecca, East (AUS)	1	01:06:23	05:33:50	03:48:15	10:34:50
5	F:45-49	2022 Angela, Ballerini (AUS)	1	01:07:20	05:39:40	03:43:00	10:36:07
6	F:45-49	2015 Belinda, Ward (AUS)	1	01:12:04	05:35:40	03:42:43	10:36:22
7	F:45-49	2006 Jeannie, Fry (GBR)	3	01:05:04	05:53:03	03:42:40	10:40:47
8	F:45-49	2005 Gaye, McKean (AUS)	2	01:07:32	05:40:31	03:54:55	10:42:58
9	F:45-49	2015 Jo, McLaughlin (AUS)	2	01:12:19	05:44:56	03:39:12	10:44:45
10	F:45-49	2019 Yolande, Van Vuuren (AUS)	1	01:03:32	05:52:14	03:36:38	10:48:03
11	F:45-49	2016 Tracey, Zammit (AUS)	1	00:55:59	05:53:33	03:53:59	10:50:09
12	F:45-49	2016 Anne, Henry (AUS)	1	01:01:58	05:52:07	03:51:23	10:53:00
13	F:45-49	2009 Tracy, Singleton (AUS)	1	00:53:07	05:39:42	04:15:22	10:53:40
14	F:45-49	2005 Alison, Appleton (AUS)	1	01:06:11	05:41:51	04:05:39	10:53:41
15	F:45-49	2012 Christine, Lefeaux (AUS)	1	01:09:53	05:39:05	04:01:05	10:55:45
16	F:45-49	1997 Faye, Collins (AUS)	3	00:58:56	05:29:58	04:27:55	10:56:49
17	F:45-49	2014 Carolyn, Dews (AUS)	3	01:04:53	05:55:48	03:50:39	10:58:50
18	F:45-49	2019 Vanessa, Parry Williams (AUS)	3	01:05:17	05:56:14	03:49:31	11:00:18
19	F:45-49	2007 Robyn, McGeary (AUS)	1	01:02:22	05:57:20	04:01:08	11:00:50
20	F:45-49	2002 Karen, Williams (NZL)	1	01:05:34	05:44:21	04:12:22	11:02:17
21	F:45-49	2019 Ali, Fitch (AUS)	1	00:55:06	05:56:22	04:03:40	11:02:49
22	F:45-49	2018 Jocie, Evison (AUS)	1	00:58:08	05:49:01	04:11:30	11:04:28
23	F:45-49	2014 Laurel, Rogers (AUS)	1	01:11:09	05:52:11	03:56:04	11:08:50
24	F:45-49	2003 Susan, Pryer (AUS)	2	01:07:51	06:19:29	03:37:33	11:10:58
25	F:45-49	2018 Terri A, Box (AUS)	1	01:03:06	06:10:20	03:51:56	11:11:09
26	F:45-49	2010 Sherry, Coons Mueller (AUS)	1	00:56:14	05:49:43	04:19:37	11:13:11
27	F:45-49	2006 Gina, McVicar (AUS)	2	01:02:06	06:02:17	04:09:15	11:13:38
28	F:45-49	2014 Jen, Hoffmann (AUS)	1	01:01:23	05:57:53	04:07:34	11:14:34
29	F:45-49	2010 Lisa, Skinner (AUS)	1	01:03:16	06:01:04	04:01:46	11:15:06
30	F:45-49	2009 Marie, Doke (GBR)	1	01:08:30	06:04:29	03:55:43	11:16:01
31	F:45-49	2014 Delwyn, Madge (AUS)	2	00:58:59	05:47:55	04:22:01	11:16:21
32	F:45-49	2016 Kirsten, Horsburgh (AUS)	1	01:04:19	05:59:27	04:01:35	11:16:23
33	F:45-49	2019 Carolyn, Tonelli (AUS)	1	01:08:07	06:04:03	03:54:21	11:16:48
34	F:45-49	2017 Michelle, Goldstein (USA)	1	01:11:49	05:53:41	04:02:55	11:18:14
35	F:45-49	2017 Sharon, McAuliffe (AUS)	1	01:06:05	06:01:55	03:57:26	11:18:19
36	F:45-49	2009 Hallie, Truswell (USA)	1	00:56:21	05:57:33	04:21:38	11:23:07
37	F:45-49	2013 Rhona, MacLean (AUS)	2	01:06:10	06:03:21	04:06:39	11:23:36
38	F:45-49	2016 Petra, Mallia (AUS)	1	01:09:18	05:53:45	04:16:22	11:24:59
39	F:45-49	2004 Janet M, McAfee (AUS)	1	01:16:17	06:00:01	04:10:40	11:26:58
40	F:45-49	2012 Sonja, Dyason (AUS)	1	01:03:41	06:00:45	04:15:30	11:27:53
41	F:45-49	2007 Sally, Murray (AUS)	1	01:10:27	06:20:41	03:57:16	11:28:24
42	F:45-49	2011 Christine, Jell (AUS)	1	01:09:55	06:09:37	03:56:55	11:28:34
43	F:45-49	2013 Lisa, Frost (AUS)	1	01:06:00	05:58:03	04:15:06	11:28:44
44	F:45-49	2000 Georgann, McEwan (AUS)	1	01:04:32	06:02:51	04:22:17	11:29:40
45	F:45-49	2015 Yvonne, Baylis (AUS)	1	01:17:22	06:04:40	03:56:08	11:32:18
46	F:45-49	2013 Alanna, Dawes (AUS)	1	01:10:17	06:29:13	03:43:56	11:32:48
47	F:45-49	2015 Lisa, Redmond (AUS)	1	01:07:19	05:57:02	04:19:28	11:33:04
48	F:45-49	2003 Cheryl, Ogden (AUS)	1	01:14:07	06:00:16	04:08:50	11:33:18
49	F:45-49	2018 Melissa, Speare (AUS)	1	01:07:10	05:51:15	04:25:57	11:33:41
50	F:45-49	2019 Danielle, Fiore (AUS)	1	01:03:27	06:14:50	04:06:05	11:33:43

Male 50 to 54 Years

Ironman Australia Personal Best Records Top 50

Rank	Year	Name	Races	Swim	Cycle	Run	Overall
1	M:50-54 2010	Kevin, Fergusson (AUS)	3	00:50:29	04:57:27	03:32:45	09:24:30
2	M:50-54 1997	Ewen, Phyland (AUS)	4	01:01:36	05:00:44	03:28:26	09:30:46
3	M:50-54 2009	John W, Hill (AUS)	4	01:03:18	05:04:12	03:21:49	09:34:09
4	M:50-54 1996	Griffiths, Weste (AUS)	1	00:57:58	05:11:36	03:37:08	09:46:42
5	M:50-54 2019	Craig, McGuigan (AUS)	1	00:49:28	05:19:11	03:33:54	09:47:42
6	M:50-54 2022	Darren, Farlow (AUS)	2	01:02:41	05:17:23	03:18:43	09:48:47
7	M:50-54 1992	Orjan, Sandler (SWE)	1	00:58:53	05:10:31	03:41:31	09:50:55
8	M:50-54 1993	Udo, Matke (DEU)	1	01:01:35	05:13:57	03:35:41	09:51:13
9	M:50-54 2014	Grant, Thomas (AUS)	5	00:58:56	05:36:28	03:11:29	09:51:37
10	M:50-54 2017	Graham, Bruce (AUS)	2	00:51:51	05:31:18	03:24:09	09:52:49
11	M:50-54 1994	Bernard, Girold (NCL)	1	00:57:59	05:19:41	03:35:30	09:53:10
12	M:50-54 2019	Gregory, Burford (AUS)	1	01:02:29	05:22:55	03:24:04	09:53:57
13	M:50-54 2022	Bryan, Crispin (AUS)	1	01:02:24	05:14:13	03:30:38	09:54:18
14	M:50-54 2014	Peter, O'Callaghan (AUS)	2	00:53:31	05:21:43	03:31:46	09:55:02
15	M:50-54 2019	Mark, Gleeson (AUS)	1	00:57:18	05:12:53	03:38:57	09:55:16
16	M:50-54 1993	Clive, Hodges (AUS)	1	00:53:22	05:23:41	03:39:01	09:56:04
17	M:50-54 2009	Brendan, Holland (AUS)	1	01:04:07	05:06:26	03:37:15	09:56:20
18	M:50-54 2005	Peter, Reaburn (AUS)	1	00:52:01	05:12:05	03:52:14	09:56:20
19	M:50-54 1994	Geoff, Thorsen (AUS)	1	01:04:54	05:16:59	03:34:54	09:56:47
20	M:50-54 2000	Dieter, Holz (DEU)	1	01:02:14	05:11:52	03:42:44	09:56:50
21	M:50-54 2012	Stephen, Bingham (AUS)	1	01:00:17	05:11:19	03:39:48	09:57:02
22	M:50-54 2005	David, McCormack (AUS)	2	01:06:30	05:20:41	03:30:06	09:57:17
23	M:50-54 2012	Beven, Ernst (AUS)	1	01:00:06	05:20:16	03:32:06	09:57:47
24	M:50-54 2011	John, Cosgriff (AUS)	1	01:00:26	05:20:10	03:30:55	09:57:48
25	M:50-54 2016	Craig, Sweeney (AUS)	1	00:52:25	05:32:00	03:29:01	09:58:06
26	M:50-54 2001	Mick, Crowe (AUS)	1	01:01:20	05:22:37	03:34:59	09:58:56
27	M:50-54 2016	Peter, Clark (AUS)	1	01:02:00	05:28:29	03:23:00	09:59:15
28	M:50-54 2000	Allan, Pitman (AUS)	3	01:01:21	05:19:47	03:38:54	10:00:02
29	M:50-54 2008	Brett, Stewart (AUS)	1	01:12:59	05:08:45	03:31:31	10:00:10
30	M:50-54 2008	Paul, Bruce (AUS)	1	01:10:52	05:35:30	03:05:36	10:01:31
31	M:50-54 2016	Roy, Edwards (AUS)	3	01:03:23	05:10:40	03:42:43	10:01:59
32	M:50-54 2018	Simon, Varga (AUS)	1	01:04:48	05:09:57	03:41:34	10:02:35
33	M:50-54 2012	Terry, Roberts (AUS)	1	01:03:14	05:27:41	03:28:51	10:04:06
34	M:50-54 2014	Thierry, Champoussin (FRA)	1	00:55:41	05:17:42	03:44:55	10:04:32
35	M:50-54 2019	Scott, Taylor (AUS)	1	00:54:27	05:24:47	03:40:18	10:05:14
36	M:50-54 2005	John, Wilken (AUS)	2	00:52:44	05:23:12	03:49:33	10:05:29
37	M:50-54 2008	John, Guerin (AUS)	1	01:14:31	05:21:02	03:23:33	10:06:26
38	M:50-54 2022	Troy, Collins (AUS)	1	00:54:40	05:13:53	03:50:42	10:06:27
39	M:50-54 2019	Stephen, McKellar (AUS)	1	00:57:58	05:32:57	03:28:59	10:06:33
40	M:50-54 2003	Alex, Newburn (NZL)	1	01:04:56	05:36:06	03:20:11	10:06:47
41	M:50-54 2015	Trevor, Buchanan (AUS)	1	01:06:18	05:17:30	03:37:42	10:06:54
42	M:50-54 2000	Jack, Boyster (USA)	1	01:12:12	05:11:21	03:43:30	10:07:03
43	M:50-54 2016	Paul, Nixon (AUS)	1	01:00:38	05:14:45	03:45:32	10:08:14
44	M:50-54 2018	Rob, Andrews (AUS)	1	00:58:27	05:24:01	03:41:05	10:08:25
45	M:50-54 2015	David, Allen (USA)	1	00:58:17	05:27:45	03:35:51	10:08:35
46	M:50-54 2018	Rob, Hill (AUS)	1	01:05:37	05:23:23	03:32:44	10:08:38
47	M:50-54 2004	Mark, Gardiner (AUS)	1	01:09:22	05:25:22	03:34:33	10:09:17
48	M:50-54 2014	Chris, Southwell (AUS)	1	00:47:25	05:40:13	03:33:50	10:09:25
49	M:50-54 2010	Mark, Moro (AUS)	1	00:58:22	05:18:48	03:45:37	10:09:33
50	M:50-54 2012	Andrew, Rowlings (AUS)	1	01:03:36	05:27:03	03:34:26	10:10:11



Female 50 to 54 Years

Ironman Australia Personal Best Records Top 50

Rank	Year	Name	Races	Swim	Cycle	Run	Overall
1	F:50-54	2022 Kelly, Phuah (AUS)	1	01:06:46	05:23:45	04:02:03	10:38:49
2	F:50-54	2019 Alison, Coote (AUS)	1	00:58:56	05:58:52	03:38:20	10:42:11
3	F:50-54	2005 Belinda, Soszyn (AUS)	2	00:56:46	06:07:13	03:43:15	10:47:14
4	F:50-54	2015 Jody, Gilchrist (AUS)	1	01:10:24	05:53:34	03:45:35	10:57:06
5	F:50-54	2003 Jo A, Danne (AUS)	1	00:57:19	05:46:23	04:07:55	10:57:53
6	F:50-54	2022 Nickie, Scriven (AUS)	1	01:08:32	06:01:35	03:42:41	11:02:23
7	F:50-54	2019 Carolyn, Dews (AUS)	2	01:03:31	06:06:47	03:50:22	11:07:27
8	F:50-54	2016 Angela, Clarke (AUS)	3	00:58:35	06:07:26	04:00:46	11:12:15
9	F:50-54	2015 Narelle, McClelland (AUS)	3	01:14:21	05:45:45	04:06:17	11:15:00
10	F:50-54	2009 Alison, Appleton (AUS)	3	01:02:57	05:58:45	04:06:21	11:16:26
11	F:50-54	2022 Kim, Bowling (AUS)	1	00:58:53	06:08:33	03:58:32	11:17:11
12	F:50-54	2019 Laurel, Rogers (AUS)	1	01:09:04	05:56:07	04:03:38	11:18:11
13	F:50-54	2014 Narelle, Talbot (AUS)	1	00:59:27	06:16:52	03:55:45	11:20:48
14	F:50-54	2014 Alanna, Dawes (AUS)	2	01:04:18	06:24:42	03:48:37	11:25:48
15	F:50-54	2009 Julianne M, Drysdale (AUS)	2	01:05:44	06:01:49	04:14:05	11:31:47
16	F:50-54	2016 Chrissie, Bowie (AUS)	2	01:07:01	06:24:08	03:48:36	11:31:48
17	F:50-54	2016 Chieko, Yajima (JPN)	1	01:11:34	06:16:51	03:54:46	11:32:48
18	F:50-54	2006 Cheryl, Ogden (AUS)	2	01:14:00	06:16:16	04:02:36	11:32:52
19	F:50-54	2015 Karen, Dutton (AUS)	1	01:06:11	05:56:00	04:23:20	11:34:06
20	F:50-54	2008 Nancy, Cullen (AUS)	1	01:10:06	06:19:02	03:58:05	11:36:14
21	F:50-54	2000 Lyn, Kakoschke (AUS)	1	01:12:41	06:13:23	04:15:21	11:41:25
22	F:50-54	2022 Rowena, Sinclair Smith (AUS)	1	01:03:48	06:24:14	04:18:13	11:52:58
23	F:50-54	2006 Karen, Williams (NZL)	1	01:07:44	06:42:48	04:03:31	11:54:03
24	F:50-54	2012 Leanne, MacPherson (AUS)	1	01:11:28	06:45:39	03:50:15	11:55:00
25	F:50-54	2022 Danielle, Fiore (AUS)	1	01:08:56	06:22:44	04:10:14	11:57:07
26	F:50-54	2003 Anne, Grundy (AUS)	2	01:12:16	06:24:54	04:12:34	11:59:20
27	F:50-54	2014 Michelle, Cochrane (AUS)	1	01:07:37	06:18:01	04:24:11	12:00:10
28	F:50-54	2001 Robyn, Roberts (AUS)	2	01:17:55	06:23:58	04:20:05	12:01:58
29	F:50-54	2018 Kerry, Ireland (AUS)	1	01:06:53	05:57:28	04:50:46	12:02:03
30	F:50-54	2006 Jenny, Kelly (AUS)	1	01:14:09	06:37:17	04:11:16	12:02:42
31	F:50-54	2017 Soolan, Clifford (AUS)	1	01:08:34	06:27:43	04:14:54	12:03:02
32	F:50-54	1997 Jenny, Tanner (AUS)	1	01:06:28	06:15:12	04:42:07	12:03:47
33	F:50-54	2012 Kirsty, Wright (AUS)	1	01:11:29	06:09:49	04:34:23	12:04:46
34	F:50-54	2022 Therese, Dan (AUS)	1	01:07:08	06:20:40	04:22:10	12:05:05
35	F:50-54	2022 Tania, Farlow (AUS)	1	01:04:31	06:18:32	04:32:21	12:05:12
36	F:50-54	2022 Louise, Dansey (AUS)	1	01:15:02	06:19:00	04:23:47	12:06:40
37	F:50-54	2018 Megan, Moa (AUS)	2	01:13:05	06:35:09	04:10:48	12:08:39
38	F:50-54	2001 Jane, Mountford (AUS)	1	01:03:54	06:13:32	04:54:13	12:11:39
39	F:50-54	2018 Belinda, Prestney (AUS)	1	01:04:04	06:30:45	04:25:11	12:12:32
40	F:50-54	2009 Janet M, McAfee (AUS)	2	01:15:24	06:22:15	04:24:37	12:12:58
41	F:50-54	2015 Debbie, Heap (AUS)	1	01:00:05	06:32:24	04:29:21	12:14:03
42	F:50-54	2002 Lynne, Wright (AUS)	1	01:14:40	06:16:28	04:43:40	12:14:48
43	F:50-54	2006 Karen, Lethlean Turner (AUS)	1	01:04:28	06:40:58	04:30:23	12:15:49
44	F:50-54	2012 Helen, Lindblom (AUS)	1	01:17:17	06:40:13	04:09:05	12:16:16
45	F:50-54	2004 Wendy, Stanton (AUS)	1	01:21:27	06:04:25	04:51:16	12:17:08
46	F:50-54	2005 Gillian, McDonald (AUS)	1	01:13:28	06:22:28	04:41:31	12:17:27
47	F:50-54	2016 Kim, Treasure (AUS)	1	01:11:33	06:12:51	04:43:40	12:18:13
48	F:50-54	2019 Sharon, Molloy (AUS)	1	01:20:21	06:48:46	04:00:59	12:18:31
49	F:50-54	2012 Rosie, Spicer (AUS)	1	01:17:08	06:10:50	04:42:39	12:18:50
50	F:50-54	1998 Sally, Edwards (USA)	1	01:20:33	06:37:21	04:21:29	12:19:23

Male 55 to 59 Years

Ironman Australia Personal Best Records Top 50

Rank	Year	Name	Races	Swim	Cycle	Run	Overall
1	M:55-59	2014 Kevin, Fergusson (AUS)	1	00:51:02	05:07:26	03:29:17	09:31:16
2	M:55-59	2001 Griffiths, Weste (AUS)	2	00:59:51	05:05:19	03:37:03	09:42:13
3	M:55-59	2012 John W, Hill (AUS)	5	01:02:56	05:15:32	03:17:25	09:42:43
4	M:55-59	2013 Frankie, Scarce (AUS)	1	01:01:14	05:18:11	03:38:22	10:07:16
5	M:55-59	2019 Trevor, Buchanan (AUS)	1	01:04:39	05:22:27	03:33:03	10:07:35
6	M:55-59	2015 Toby, Somerville (AUS)	1	01:09:25	05:25:07	03:29:28	10:09:21
7	M:55-59	2017 Grant, Thomas (AUS)	3	00:58:37	05:39:10	03:27:56	10:10:43
8	M:55-59	2009 Stu, Fitch (AUS)	1	00:55:12	05:31:37	03:40:11	10:12:18
9	M:55-59	2022 Jonathan, Cahill (AUS)	1	01:03:21	05:21:22	03:44:42	10:17:23
10	M:55-59	2016 Ken, Raupach (AUS)	1	01:10:05	05:28:18	03:32:54	10:17:55
11	M:55-59	2010 Brett, Stewart (AUS)	2	01:00:13	05:17:25	03:53:02	10:18:46
12	M:55-59	2018 Paul, Nixon (AUS)	1	01:00:47	05:24:35	03:49:10	10:21:22
13	M:55-59	2019 Glenn, Matthews (AUS)	1	01:02:13	05:29:11	03:43:26	10:23:17
14	M:55-59	2022 Steve, Pratt (AUS)	1	00:59:09	05:30:42	03:47:00	10:23:28
15	M:55-59	2016 Bill, Stahlhut (AUS)	1	01:00:50	05:42:49	03:34:22	10:24:14
16	M:55-59	2017 Shane M, Flannery (AUS)	1	01:02:54	05:31:08	03:43:26	10:24:30
17	M:55-59	2017 Malcolm, Miller (AUS)	1	00:56:18	05:24:44	03:56:44	10:25:13
18	M:55-59	2009 David, McCormack (AUS)	1	01:10:10	05:33:20	03:36:55	10:25:28
19	M:55-59	2013 Mark, Moro (AUS)	1	01:03:23	05:22:56	03:52:34	10:25:29
20	M:55-59	2004 Ewen, Phyland (AUS)	1	01:13:23	05:27:26	03:46:45	10:27:34
21	M:55-59	2014 Anthony, Cleva (AUS)	2	01:03:10	05:41:31	03:39:51	10:28:46
22	M:55-59	2015 Brian, Elvery (AUS)	2	00:58:18	05:22:37	04:00:57	10:29:42
23	M:55-59	2014 Brett, O'Neill (AUS)	2	00:52:00	05:44:40	03:46:10	10:29:54
24	M:55-59	2022 Bengt, Joakim Moeller (SGP)	1	01:09:25	05:28:00	03:41:54	10:30:44
25	M:55-59	2022 Andrew, Bruce (AUS)	1	01:02:54	05:19:43	04:01:07	10:31:32
26	M:55-59	2022 Brian, Draganic (AUS)	1	01:07:58	05:28:43	03:48:46	10:32:18
27	M:55-59	2017 Stephen, Jack (AUS)	1	00:57:16	05:28:43	04:00:15	10:32:46
28	M:55-59	2000 Geoff, Thorsen (AUS)	1	01:02:57	05:36:03	03:57:42	10:36:42
29	M:55-59	2017 Mark, Bristow (AUS)	1	01:04:57	05:33:47	03:52:46	10:37:33
30	M:55-59	2009 Miroslav, Vrstil (CZE)	1	01:09:21	05:34:15	03:48:05	10:37:59
31	M:55-59	2016 Paul, Rowse (AUS)	1	01:13:18	05:29:33	03:52:03	10:39:17
32	M:55-59	2022 Philip, Stoneman (AUS)	1	01:11:44	05:28:44	03:50:28	10:39:28
33	M:55-59	2005 Allan, Pitman (AUS)	2	01:01:11	05:32:01	04:06:25	10:39:37
34	M:55-59	2016 Brad, Fernley (AUS)	1	00:59:08	05:31:25	04:03:58	10:40:45
35	M:55-59	1993 John, Cavanagh (AUS)	1	00:57:26	05:43:25	04:00:10	10:41:01
36	M:55-59	2012 Greg, Broadley (AUS)	1	01:03:05	05:33:15	03:59:38	10:41:10
37	M:55-59	2009 Colin, Clarke (AUS)	1	01:00:01	05:29:58	04:04:30	10:42:31
38	M:55-59	2013 Ivan, Whittle (AUS)	1	01:02:08	05:38:36	03:53:58	10:42:35
39	M:55-59	2018 Derek, MacMinn (AUS)	3	01:06:27	05:30:57	04:01:08	10:46:02
40	M:55-59	2013 Mark K, Egan (AUS)	2	00:57:00	05:51:08	03:52:56	10:46:11
41	M:55-59	2007 Alex, Newburn (NZL)	1	01:04:45	05:53:15	03:49:56	10:47:56
42	M:55-59	2018 Rod, Jozeps (AUS)	1	01:06:09	05:36:09	03:57:39	10:49:35
43	M:55-59	2000 Lindsay, Hooper (AUS)	1	01:11:14	05:27:29	04:11:30	10:50:13
44	M:55-59	2012 Brian, McKinnon (AUS)	2	01:07:53	05:47:09	03:47:38	10:50:31
45	M:55-59	2016 Paul, McGlynn (AUS)	1	00:57:11	05:36:39	04:11:09	10:50:31
46	M:55-59	2009 Tom `Tomas`, Valena (AUS)	3	01:16:13	05:54:43	03:33:10	10:50:47
47	M:55-59	2019 Nick, Kastelein (AUS)	1	01:11:10	05:21:17	04:11:46	10:52:55
48	M:55-59	2013 Roy, Preece (AUS)	1	00:58:51	05:35:52	04:12:00	10:53:27
49	M:55-59	2013 John, Wilken (AUS)	1	00:55:00	05:41:47	04:13:16	10:55:38
50	M:55-59	1998 Robert, Channells (AUS)	1	01:21:05	05:28:26	04:07:03	10:56:34

Female 55 to 59 Years

Ironman Australia Personal Best Records Top 50

Rank	Year	Name	Races	Swim	Cycle	Run	Overall
1	F:55-59	2012 Nancy, Cullen (AUS)	1	01:03:39	05:58:50	03:50:53	10:59:32
2	F:55-59	2018 Narelle, McClelland (AUS)	1	01:13:53	05:48:08	04:14:55	11:24:22
3	F:55-59	2015 Jan, Wanklyn (AUS)	1	00:56:22	06:13:49	04:15:19	11:34:14
4	F:55-59	2019 Rhona, MacLean (AUS)	1	01:02:57	06:10:20	04:22:37	11:46:05
5	F:55-59	2018 Natalie, Mort (AUS)	1	01:16:36	06:24:01	04:00:06	11:47:24
6	F:55-59	2015 Kim, Elvery (AUS)	3	01:05:21	06:14:50	04:20:59	11:48:08
7	F:55-59	2022 Angela, Clarke (AUS)	1	01:07:54	06:23:41	04:18:38	11:59:58
8	F:55-59	2005 Anne, Grundy (AUS)	5	01:13:34	06:11:43	04:36:18	12:01:35
9	F:55-59	2014 Janet M, McAfee (AUS)	3	01:07:35	06:20:36	04:23:41	12:03:39
10	F:55-59	2018 Narelle, Talbot (AUS)	1	01:03:14	06:33:03	04:22:20	12:06:36
11	F:55-59	2015 Julienne M, Drysdale (AUS)	1	01:04:17	06:12:31	04:37:52	12:08:19
12	F:55-59	2006 Helen, Freer (AUS)	2	01:09:40	06:51:04	04:18:23	12:19:07
13	F:55-59	2015 Rosie, Spicer (AUS)	5	01:15:33	06:10:27	04:45:47	12:22:04
14	F:55-59	2012 Judith, Golledge (NZL)	3	01:21:18	06:35:37	04:25:50	12:28:21
15	F:55-59	2019 Colleen, Middleton (AUS)	1	01:07:24	06:27:16	04:39:53	12:29:02
16	F:55-59	2016 Carol, Bruce (AUS)	1	01:08:01	06:44:45	04:31:45	12:31:23
17	F:55-59	2016 Julie, Cummings (AUS)	1	01:15:25	06:29:57	04:34:53	12:32:45
18	F:55-59	2005 Robyn, Nordstrand (AUS)	2	01:11:35	06:38:48	04:46:27	12:36:50
19	F:55-59	2016 Anne, Jones (AUS)	1	01:07:32	06:27:56	04:57:46	12:42:24
20	F:55-59	2006 Kate, Rowe (AUS)	1	01:25:49	06:44:57	04:34:44	12:45:30
21	F:55-59	2001 Rae G, Burger (USA)	1	01:25:20	06:34:05	04:47:48	12:47:13
22	F:55-59	2022 Chrissie, Bowie (AUS)	1	01:15:37	06:32:50	04:45:08	12:51:32
23	F:55-59	2017 Julie, Middleton (AUS)	1	01:20:17	06:27:39	04:59:55	12:58:47
24	F:55-59	2001 Brenda, Hamill (AUS)	3	01:19:36	07:06:37	04:40:22	13:06:35
25	F:55-59	2018 Dianne, Bichard (AUS)	1	01:17:42	06:51:40	04:50:35	13:06:54
26	F:55-59	2014 Karen, Short (AUS)	1	01:08:38	06:52:49	04:52:53	13:07:09
27	F:55-59	2017 Christine, Lalor (AUS)	1	01:12:00	07:20:28	04:28:17	13:08:57
28	F:55-59	2014 Barbara, Beard (AUS)	1	01:08:43	06:35:17	05:14:30	13:09:12
29	F:55-59	2014 Kim, Fraser (AUS)	3	01:16:04	07:16:26	04:24:14	13:10:20
30	F:55-59	2008 Andrena, Moore (AUS)	1	01:10:41	06:36:19	05:13:16	13:10:44
31	F:55-59	2007 Catherine, Verry (AUS)	1	01:29:31	07:05:03	04:37:34	13:12:08
32	F:55-59	2016 Wendy, Wood (AUS)	1	01:30:20	06:31:09	05:01:24	13:13:35
33	F:55-59	1998 Jan, Croft (AUS)	1	00:54:14	05:59:59	06:20:49	13:15:02
34	F:55-59	2022 Kathleen, Stutsel (AUS)	1	01:28:39	06:49:54	04:49:47	13:22:56
35	F:55-59	2016 Jenny, Matthews (AUS)	1	01:15:50	07:08:11	04:48:56	13:24:37
36	F:55-59	2009 Maureen, Wilson (AUS)	1	01:18:43	07:20:29	04:33:30	13:26:53
37	F:55-59	2019 Kahori, Nishioka (AUS)	1	01:08:17	07:12:36	04:58:37	13:32:39
38	F:55-59	2007 Beryl, Wilson (AUS)	2	01:03:18	07:29:26	05:00:46	13:33:30
39	F:55-59	2015 Pam, Kiss (AUS)	1	01:04:35	07:12:58	05:12:30	13:40:48
40	F:55-59	2019 Sandra, Herbert (AUS)	1	01:09:04	07:17:59	05:03:37	13:42:52
41	F:55-59	2012 Jenny, Harwood (AUS)	1	01:23:35	06:47:52	05:30:49	13:50:18
42	F:55-59	2022 Kim, Dickinson (AUS)	1	01:26:46	07:03:45	05:06:20	13:50:22
43	F:55-59	2018 Sandra, Laws (AUS)	1	01:15:26	07:02:13	05:24:00	13:50:52
44	F:55-59	2022 Jane, Beare (AUS)	1	01:10:53	07:00:05	05:17:16	13:51:07
45	F:55-59	2019 Denise, Wilson (AUS)	1	01:31:13	07:06:35	05:08:14	13:56:05
46	F:55-59	1998 Margaret, Erwin (AUS)	1	01:29:15	07:19:08	05:09:27	13:57:50
47	F:55-59	2017 Diane, Williams (AUS)	1	01:01:28	06:41:50	06:03:53	14:00:02
48	F:55-59	2022 Bernadette, Robinson (AUS)	1	01:23:07	06:47:50	05:45:51	14:11:02
49	F:55-59	2018 Kanako, Namai (JPN)	1	01:23:12	07:27:30	05:04:31	14:11:19
50	F:55-59	2016 Karen, Reardon (AUS)	1	01:11:17	07:31:25	05:18:53	14:11:54

Male 60 to 64 Years

Ironman Australia Personal Best Records Top 50

Rank	Year	Name	Races	Swim	Cycle	Run	Overall
1	M:60-64	2018 Brian, McGovern (AUS)	1	01:07:11	05:47:47	03:28:58	10:30:09
2	M:60-64	2016 Brett, Stewart (AUS)	1	01:03:28	05:15:36	04:07:35	10:33:20
3	M:60-64	2018 John W, Hill (AUS)	3	01:00:47	05:33:03	03:54:37	10:36:11
4	M:60-64	2022 Ken, Raupach (AUS)	1	01:22:04	05:24:58	03:45:00	10:40:38
5	M:60-64	2000 Richard, Clark (USA)	1	01:10:13	05:43:55	03:55:51	10:49:59
6	M:60-64	2018 Vincent, Tremaine (AUS)	1	01:05:24	05:41:13	04:04:36	10:58:09
7	M:60-64	2013 Carl, Luitingh (ARE)	1	01:03:44	05:46:09	04:06:08	11:03:11
8	M:60-64	2014 John, Wilken (AUS)	1	00:52:00	06:02:55	04:03:35	11:04:33
9	M:60-64	2016 Dave, Trudgian (AUS)	1	01:00:29	05:40:25	04:17:05	11:04:34
10	M:60-64	2010 Griffiths, Weste (AUS)	3	01:05:13	05:23:36	04:30:21	11:06:33
11	M:60-64	2022 David, Carter (AUS)	1	01:15:43	05:46:45	03:55:50	11:10:50
12	M:60-64	2013 Greg, Broadley (AUS)	2	01:06:32	05:43:12	04:16:10	11:13:27
13	M:60-64	2012 Ron, Wilson (AUS)	4	01:03:04	05:58:17	04:04:54	11:16:05
14	M:60-64	2018 Brian, McKinnon (AUS)	2	01:08:29	05:42:02	04:17:07	11:17:32
15	M:60-64	2009 Charles, Coville (AUS)	1	01:18:03	05:55:45	04:07:44	11:30:39
16	M:60-64	2016 Stephen, McManus (AUS)	3	01:06:42	05:51:12	04:26:18	11:30:51
17	M:60-64	2016 Kim, Cook (AUS)	1	01:04:45	05:58:49	04:19:52	11:31:14
18	M:60-64	2022 Grant, Thomas (AUS)	1	01:04:40	05:51:48	04:27:18	11:32:01
19	M:60-64	2014 Raymond, Schliebs (AUS)	2	01:08:49	05:57:47	04:17:27	11:32:28
20	M:60-64	2016 Andy, Haynes (AUS)	3	01:02:04	05:46:36	04:36:03	11:33:06
21	M:60-64	2011 Christopher, Domoney (GBR)	1	01:15:56	06:10:41	04:09:19	11:42:38
22	M:60-64	2017 Gary, Nicholls (AUS)	2	01:01:40	06:23:55	04:07:56	11:42:43
23	M:60-64	2015 Damian, Fitzpatrick (AUS)	1	01:13:58	06:05:35	04:14:41	11:42:48
24	M:60-64	2010 Rob, Howitt (AUS)	3	01:00:45	06:11:58	04:25:07	11:43:00
25	M:60-64	2004 Geoff, Thorsen (AUS)	4	01:20:33	05:56:16	04:27:37	11:44:26
26	M:60-64	2018 Darryl, Smith (AUS)	1	01:18:58	05:59:41	04:21:13	11:47:58
27	M:60-64	2003 Robert, Channells (AUS)	2	01:19:20	05:48:29	04:33:02	11:48:05
28	M:60-64	2007 Guy, Vernay (NCL)	2	01:07:29	06:08:20	04:34:37	11:50:26
29	M:60-64	2022 Thomas, Lindblom (AUS)	1	00:59:41	05:52:21	04:44:55	11:50:40
30	M:60-64	2009 Steve, Brown (AUS)	1	01:16:43	05:54:10	04:31:13	11:50:55
31	M:60-64	2012 Graeme, Kelly (AUS)	1	01:12:11	06:07:11	04:23:00	11:53:26
32	M:60-64	2022 Murray, Walls (AUS)	1	01:17:03	06:06:18	04:15:45	11:53:46
33	M:60-64	2009 Eric, Higgins (AUS)	1	01:05:48	06:19:26	04:18:39	11:54:05
34	M:60-64	2003 Ron, Cox (AUS)	2	01:06:19	06:27:31	04:06:29	11:56:35
35	M:60-64	2016 Christopher, Mennie (AUS)	1	01:11:11	06:22:46	04:12:07	11:57:35
36	M:60-64	2014 Ted, Hoskin (AUS)	1	01:20:06	06:08:36	04:20:55	12:00:00
37	M:60-64	2011 Jon, Howse (AUS)	1	01:00:42	06:03:58	04:41:25	12:00:37
38	M:60-64	2012 Peter, Williams (AUS)	2	01:16:40	05:55:06	04:41:02	12:01:36
39	M:60-64	2002 William, Turner (AUS)	1	01:14:05	06:17:44	04:32:40	12:04:29
40	M:60-64	2022 Steve, Robinson (AUS)	2	01:04:28	05:53:42	04:52:44	12:06:31
41	M:60-64	2018 Gareth, Buckley (AUS)	3	01:07:39	06:22:50	04:25:08	12:07:19
42	M:60-64	2022 Geoff, Davis (AUS)	1	01:08:11	06:02:34	04:36:52	12:07:42
43	M:60-64	1990 Billy, Stafford (AUS)	2	01:06:25	06:06:52	04:54:55	12:08:12
44	M:60-64	2012 Rod, Harrod (AUS)	1	01:14:26	06:06:19	04:38:30	12:10:28
45	M:60-64	2015 Steve, Bertling (AUS)	1	01:08:50	06:11:26	04:35:50	12:15:04
46	M:60-64	2013 Ronald W, Smith (AUS)	1	01:26:51	06:29:52	04:10:55	12:15:50
47	M:60-64	2001 Ken, Murtagh (AUS)	1	01:22:54	06:22:27	04:31:32	12:16:53
48	M:60-64	2002 Hideki, Ishii (JPN)	1	01:23:22	06:53:13	04:01:36	12:18:11
49	M:60-64	2012 Dave `Dasher`, Smith (AUS)	1	01:12:17	06:11:21	04:44:04	12:19:11
50	M:60-64	2000 Tom, Irwin (AUS)	1	01:15:41	06:35:08	04:28:38	12:19:27

Female 60 to 64 Years

Ironman Australia Personal Best Records Top 50

Rank	Year	Name	Races	Swim	Cycle	Run	Overall
1 F:60-64	2017	Kim, Elvery (AUS)	1	01:06:46	06:13:58	04:28:58	11:56:28
2 F:60-64	2018	Rosie, Spicer (AUS)	3	01:19:36	06:07:39	04:37:29	12:16:04
3 F:60-64	2015	Barb, Carson (NZL)	1	01:24:19	06:33:28	04:25:47	12:32:23
4 F:60-64	2022	Julienne M, Drysdale (AUS)	1	01:11:15	06:22:36	04:53:20	12:41:25
5 F:60-64	2011	Helen, Freer (AUS)	3	01:10:08	06:51:41	04:43:32	12:54:21
6 F:60-64	2012	Beryl, Wilson (AUS)	3	01:06:29	07:00:47	04:41:40	12:57:12
7 F:60-64	2009	Anne, Grundy (AUS)	3	01:17:53	06:56:18	04:36:02	12:59:48
8 F:60-64	2012	Kate, Rowe (AUS)	1	01:26:58	06:42:09	04:58:42	13:18:51
9 F:60-64	2022	Natalie, Mort (AUS)	1	01:21:39	07:05:12	04:56:34	13:32:54
10 F:60-64	1996	Nita, Solomon (AUS)	3	01:33:23	06:59:39	05:00:03	13:33:05
11 F:60-64	2022	Kim, Fraser (AUS)	1	01:24:58	07:06:28	05:11:06	13:58:05
12 F:60-64	2012	Shirley J, Rolston (NZL)	1	01:26:46	07:16:07	05:12:25	14:03:56
13 F:60-64	2015	Brenda, Fortune (NZL)	1	01:40:08	06:59:29	05:11:24	14:06:10
14 F:60-64	2011	Jane, Mountford (AUS)	1	01:02:32	07:01:13	06:01:01	14:13:58
15 F:60-64	2010	Robyn, Nordstrand (AUS)	1	01:25:11	07:17:38	05:13:07	14:14:33
16 F:60-64	2016	Judith, Golledge (NZL)	1	01:21:22	06:57:10	06:05:00	14:30:25
17 F:60-64	2017	Cas, Ingham (AUS)	1	01:27:01	07:17:09	05:51:43	14:49:26
18 F:60-64	2017	Cecilia, Weber (USA)	1	01:33:45	07:06:55	05:57:09	14:53:58
19 F:60-64	2007	Brenda, Hamill (AUS)	2	01:18:07	08:27:27	05:15:29	15:01:03
20 F:60-64	2003	Margaret, Erwin (AUS)	2	01:41:44	07:48:55	05:26:45	15:08:28
21 F:60-64	2022	Carolyn, Travers (AUS)	1	01:28:40	07:33:31	05:58:47	15:11:39
22 F:60-64	2000	Mickie, Shapiro (USA)	1	01:40:39	07:58:22	05:42:42	15:21:43
23 F:60-64	2016	Cathy, Mori (CAN)	1	01:21:05	07:32:07	06:13:58	15:24:22
24 F:60-64	2017	Julie, Parish (AUS)	2	01:15:05	07:56:02	06:03:35	15:28:43
25 F:60-64	2016	Denise `Cougar` , Langler (AUS)	2	01:27:46	07:56:44	05:41:32	15:28:50
26 F:60-64	2018	Clare, Labowitch (AUS)	1	01:23:40	07:44:07	06:08:41	15:30:22
27 F:60-64	2010	Karla, McKinlay (AUS)	2	01:31:58	07:41:11	06:14:37	15:40:52
28 F:60-64	2017	Pauline, McCann (AUS)	2	01:27:46	07:59:23	05:58:26	15:48:40
29 F:60-64	2012	Miriam, Nielsen (AUS)	4	01:24:25	07:30:20	06:40:13	15:51:28
30 F:60-64	2016	Jennifer, Williams (AUS)	4	01:27:14	08:04:34	06:30:56	16:12:38
31 F:60-64	2016	Teresa, Kunaeva (AUS)	1	01:38:13	08:00:24	06:38:19	16:35:20

Male 65 to 69 Years

Ironman Australia Personal Best Records Top 50

Rank	Year	Name	Races	Swim	Cycle	Run	Overall
1	M:65-69	2012 Griffiths, Weste (AUS)	1	01:11:38	05:26:46	04:17:24	11:02:19
2	M:65-69	2014 Allan, Pitman (AUS)	5	01:00:58	06:03:42	04:04:42	11:15:46
3	M:65-69	2019 Tom `Tomas` , Valena (AUS)	1	01:10:49	06:16:10	03:58:46	11:33:21
4	M:65-69	2018 Greg, Broadley (AUS)	1	01:04:05	05:58:49	04:25:06	11:36:44
5	M:65-69	2017 Greg, Bush (AUS)	1	00:52:42	06:06:16	04:27:16	11:37:36
6	M:65-69	2004 Richard, Clark (USA)	1	01:35:55	05:56:01	04:15:58	11:47:54
7	M:65-69	1994 Bob, Southwell (AUS)	2	01:06:36	06:07:18	04:35:39	11:49:33
8	M:65-69	2016 Raymond, Schliebs (AUS)	1	01:12:19	06:06:57	04:25:19	11:53:27
9	M:65-69	2018 Bob, Smale (AUS)	1	01:05:22	06:06:36	04:33:08	11:55:48
10	M:65-69	2002 Keith, Pearce (AUS)	1	01:05:43	06:27:44	04:27:40	12:01:07
11	M:65-69	2017 Ian, Mossenson (AUS)	1	01:08:49	06:25:12	04:27:04	12:12:43
12	M:65-69	2019 Brian, Chandler (AUS)	2	01:06:47	06:11:19	04:48:10	12:18:08
13	M:65-69	2018 Dennis, Parker (AUS)	1	01:07:29	06:24:55	04:42:19	12:25:44
14	M:65-69	2005 Colin, Andrews (AUS)	1	01:06:53	06:19:25	05:01:30	12:27:48
15	M:65-69	1988 Fred, Knudsen (AUS)	1	01:11:30	06:26:30	04:54:00	12:32:00
16	M:65-69	2014 Ronald W, Smith (AUS)	1	01:15:51	06:54:35	04:12:35	12:33:10
17	M:65-69	2016 Brian, Upton (AUS)	1	01:25:08	06:22:18	04:36:44	12:36:19
18	M:65-69	2015 Ron, Wilson (AUS)	1	01:03:18	06:26:19	04:59:37	12:39:19
19	M:65-69	2016 Darryl, Tozer (AUS)	1	01:14:56	06:27:44	04:45:13	12:40:50
20	M:65-69	2022 Darryl, Smith (AUS)	1	01:20:26	06:10:21	05:02:38	12:44:31
21	M:65-69	2022 Gareth, Buckley (AUS)	1	01:14:25	06:32:11	04:43:31	12:46:17
22	M:65-69	2017 Rob, Howitt (AUS)	1	01:04:44	06:33:18	05:02:32	12:49:48
23	M:65-69	2014 Eric, Higgins (AUS)	1	01:06:04	06:52:54	04:41:19	12:52:28
24	M:65-69	2016 Mark, Patterson (AUS)	2	01:18:23	06:06:47	05:19:48	12:53:54
25	M:65-69	2009 Geoff, Thorsen (AUS)	4	01:10:26	06:20:05	05:14:35	12:54:10
26	M:65-69	2014 Robert, Hekking (AUS)	2	01:00:54	06:04:37	05:39:24	12:54:40
27	M:65-69	2012 Théophile, Resutec (NCL)	1	01:11:49	06:07:27	05:31:03	12:59:26
28	M:65-69	2019 Philip, Monfries (AUS)	1	01:07:33	06:44:32	05:00:36	13:04:03
29	M:65-69	2016 Carl, Brown (AUS)	2	01:19:12	06:54:05	04:38:31	13:04:07
30	M:65-69	2011 Dieter, Reithmeier (AUS)	4	01:17:35	06:35:52	05:02:13	13:05:01
31	M:65-69	2000 Justin, Paine (AUS)	3	01:21:15	06:27:03	05:20:51	13:09:09
32	M:65-69	2000 Brian, Lynch (AUS)	5	01:17:47	06:37:53	05:14:27	13:10:07
33	M:65-69	2019 Martin, MacKay (AUS)	1	00:59:09	06:40:37	05:31:12	13:20:12
34	M:65-69	2004 Wayne, Mehl (USA)	1	01:22:05	06:29:51	05:29:07	13:21:03
35	M:65-69	2014 Shangen, Shen (CHN)	1	01:34:25	06:47:23	04:55:56	13:26:54
36	M:65-69	2007 Hideki, Ishii (JPN)	2	01:25:23	07:32:57	04:34:02	13:32:22
37	M:65-69	2011 John, Lee (AUS)	1	01:19:47	07:09:03	04:54:19	13:35:22
38	M:65-69	2006 Bill, Fallon (CAN)	1	01:18:07	07:14:53	05:06:47	13:39:47
39	M:65-69	2019 Greg, Laws (AUS)	1	01:11:15	06:53:55	05:16:46	13:42:44
40	M:65-69	2004 Barry, Dobyn (AUS)	1	01:31:35	06:51:12	05:22:41	13:45:28
41	M:65-69	2004 Philip, Scott (AUS)	2	01:13:50	06:55:33	05:36:53	13:46:16
42	M:65-69	1998 Billy, Stafford (AUS)	1	01:17:55	07:03:46	05:29:47	13:51:28
43	M:65-69	2008 George L, Hulse (AUS)	1	01:24:47	07:16:39	04:54:11	13:53:53
44	M:65-69	2006 Oscar, Carlson (AUS)	1	01:24:43	07:36:57	04:58:02	13:59:42
45	M:65-69	2017 Dave `Dasher` , Smith (AUS)	1	01:17:56	06:37:00	05:54:07	14:01:23
46	M:65-69	2000 Peter, Keeble (AUS)	1	01:17:22	06:52:49	06:01:13	14:11:24
47	M:65-69	2011 John, Davis (AUS)	1	01:42:50	07:05:17	05:02:33	14:13:58
48	M:65-69	2022 Kevin, Andrews (AUS)	1	01:22:26	07:03:07	05:26:32	14:17:51
49	M:65-69	2000 Ray, Good (AUS)	1	01:29:11	06:44:33	06:09:43	14:23:27
50	M:65-69	2004 Tom, Collins (CAN)	1	01:40:37	06:56:32	05:46:41	14:23:50

Female 65 to 69 Years

Ironman Australia Personal Best Records Top 50

Rank	Year	Name	Races	Swim	Cycle	Run	Overall
1 F:65-69	2012	Karla, McKinlay (AUS)	2	01:26:32	06:47:00	05:06:18	13:33:10
2 F:65-69	2016	Anne, Grundy (AUS)	1	01:19:41	07:22:44	05:20:30	14:14:49
3 F:65-69	2017	Beryl, Wilson (AUS)	1	01:09:43	07:58:11	05:30:46	14:51:38
4 F:65-69	2011	Brenda, Hamill (AUS)	1	01:22:02	07:51:02	05:43:31	15:15:30
5 F:65-69	2016	Shirley J, Rolston (NZL)	4	01:31:05	07:18:25	06:21:25	15:21:14
6 F:65-69	2022	Judith, Golledge (NZL)	1	01:34:00	07:37:57	06:20:43	15:44:33
7 F:65-69	2019	Pauline, McCann (AUS)	1	01:15:06	07:59:35	06:27:16	16:09:31

Male 70 to 74 Years

Ironman Australia Personal Best Records Top 50

Rank	Year	Name	Races	Swim	Cycle	Run	Overall
1	M:70-74	2018 Allan, Pitman (AUS)	1	01:12:25	06:16:34	04:38:55	12:13:39
2	M:70-74	2015 Griffiths, Weste (AUS)	1	01:17:26	05:58:06	05:21:35	12:46:45
3	M:70-74	2012 George L, Hulse (AUS)	3	01:17:28	06:45:48	04:30:23	12:50:07
4	M:70-74	2014 Dieter, Reithmeier (AUS)	1	01:16:23	06:51:07	04:51:03	13:07:56
5	M:70-74	1992 Fred, Knudsen (AUS)	1	01:14:46	06:37:35	05:27:54	13:20:15
6	M:70-74	2022 Robert, Pickard (AUS)	1	01:09:30	06:14:54	05:46:31	13:21:58
7	M:70-74	2018 David, Borrell (GBR)	1	01:19:28	06:56:34	05:12:56	13:40:11
8	M:70-74	1999 Bob, Southwell (AUS)	3	01:11:26	07:18:36	05:13:57	13:43:59
9	M:70-74	2009 Richard, Clark (USA)	1	01:29:30	06:42:10	05:31:39	13:56:23
10	M:70-74	2001 Jack, Gubbins (AUS)	4	01:34:31	07:11:27	05:16:30	14:02:28
11	M:70-74	2019 Ronald W, Smith (AUS)	1	01:21:38	07:48:29	04:57:58	14:21:39
12	M:70-74	2022 Anthony, Gaborit (AUS)	1	01:19:29	06:30:15	06:13:22	14:25:09
13	M:70-74	2010 Georg, Von Schrader (DEU)	1	01:14:48	07:38:01	05:17:08	14:25:45
14	M:70-74	2013 Bruce, Higginbotham (AUS)	3	01:23:03	06:40:31	06:12:20	14:26:09
15	M:70-74	2017 James, Franklin (AUS)	1	01:37:40	07:42:58	04:53:05	14:28:31
16	M:70-74	2018 Nobuo, Namai (JPN)	1	01:32:10	07:52:34	04:52:47	14:29:27
17	M:70-74	2013 Geoff, Thorsen (AUS)	1	01:17:29	06:55:11	06:12:42	14:38:19
18	M:70-74	1996 Bill, Bell (USA)	1	01:18:54	06:56:32	06:26:56	14:42:22
19	M:70-74	2005 Brian, Lynch (AUS)	3	01:19:10	07:17:40	06:18:55	14:55:45
20	M:70-74	2016 John, Lee (AUS)	1	01:22:32	07:21:31	06:19:28	15:16:25
21	M:70-74	2012 Hideki, Ishii (JPN)	1	01:27:24	08:04:58	05:26:18	15:18:01
22	M:70-74	2005 Peter, Keeble (AUS)	1	01:26:09	07:40:05	06:12:49	15:19:03
23	M:70-74	2017 Keith, Ives (AUS)	2	01:47:56	06:51:12	06:42:28	15:31:12
24	M:70-74	2015 Neil, Gilbert (AUS)	1	01:34:33	07:39:03	06:19:24	15:59:07
25	M:70-74	2022 Dave 'Dasher', Smith (AUS)	1	01:30:21	07:05:57	07:06:26	16:05:14
26	M:70-74	2022 Phil, Bell (AUS)	1	01:31:02	06:53:06	07:25:08	16:06:38
27	M:70-74	2014 Martinez, Jose (MEX)	1	01:16:13	08:24:13	06:26:53	16:28:19
28	M:70-74	2013 Alan, Crawford (AUS)	1	01:37:31	08:02:46	06:23:21	16:31:23
29	M:70-74	2011 Oscar, Carlson (AUS)	1	01:47:25	08:23:23	06:04:08	16:32:04
30	M:70-74	2013 Robert, Baker (USA)	1	01:34:33	07:41:50	06:55:47	16:32:18
31	M:70-74	2019 John, Thorndike (AUS)	1	01:27:39	07:57:36	06:52:41	16:34:47
32	M:70-74	2011 Ken, Murtagh (AUS)	1	01:34:10	08:09:12	06:45:54	16:43:51

1985 to 2023



Female 70 to 74 Years

Ironman Australia Personal Best Records Top 50

Rank	Year	Name	Races	Swim	Cycle	Run	Overall
1 F:70-74	2016	Karla, McKinlay (AUS)	1	01:27:51	07:10:42	06:11:59	15:08:16
2 F:70-74	2018	Anne, Grundy (AUS)	1	01:23:35	07:40:35	06:26:28	15:45:00
3 F:70-74	2022	Shirley J, Rolston (NZL)	1	01:44:33	07:55:38	06:37:02	16:34:36

Male 75 to 79 Years

Ironman Australia Personal Best Records Top 50

Rank	Year	Name	Races	Swim	Cycle	Run	Overall
1	M:75-79	2004 Bob, Southwell (AUS)	1	01:23:05	07:10:30	05:49:11	14:22:46
2	M:75-79	2005 Jack, Gubbins (AUS)	1	01:43:10	07:42:55	05:59:21	15:25:26
3	M:75-79	2018 George L, Hulse (AUS)	2	01:21:11	07:45:55	06:03:15	15:27:45
4	M:75-79	2016 Bruce, Higginbotham (AUS)	1	01:18:36	06:46:39	07:27:07	15:41:38
5	M:75-79	2011 Garth, Barfoot (NZL)	1	01:36:41	07:39:06	07:10:04	16:39:11